**ISSUE 26** 2022-2023

# AKANKSHA

## **EDUCATION FOR CHANGE**



SKILL BASED EDUCATION



RESEARCH BASED LEARNING







INDIAN KNOWLEDGE SYSTEMS



**MULTI DISCIPLINARY PROGRAMMES** 



Seva Mandal Education Society's

Dr. Bhanuben Mahendra Nanavati College of Home Science (Autonomous)

NAAC Re-accredited 'A+' Grade with CGPA of 3.69 /4

**UGC Status: College with Potential for Excellence** 

"Best College Award 2016-17" adjudged by S.N.D.T. Women's University

Selected under "Enhancing Quality & Excellence in Select Autonomous Colleges Scheme" by RUSA

Smt. Shardaben Champaklal Nanavati Institute of Polytechnic

Smt. Hiraben Manilal Nanavati Junior College of Home Science

Smt. Kamlaben Gambhirchand Shah Department of Computer Applications

Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies



## **EMINENT GUESTS ON CAMPUS**



65<sup>th</sup> Foundation Day. Chief guest: Mr. Rajesh Chandulal Gandhi, President, Jain Jagruti Centre. 1<sup>st</sup> August 2022



Smt. Dakshaben Memorial Lecture: "Anaemias in Women: From Womb to Tomb". Dr. Niteen Karnik, Prof. & Head, Department of Medicine, LTMM & LTMG Hospital, Sion, Mumbai. 6<sup>th</sup> September 2022



'Adapting to Change: An Exchange of Ideas' Dr. Gina Morrison, Fulbright Visiting Specialist, Wilkes University, Pennsylvania. 9<sup>th</sup> to 22<sup>nd</sup> December 2022



17<sup>th</sup> Intercollegiate Tech Fest "Tekzone". Chief guest: Mr. Kiran Komatla, Chief Technology Officer, Restaurant Brand Asia. 9<sup>th</sup> and 10<sup>th</sup> January 2023



Intercollegiate fest "Akanksha 2022", Chief guest: Ms. Sanober Pardiwalla, Stunt Double in Bollywood & Guest of Honour: Ms. Ankita Dhokale Marathi Theatre Artist and Alumnae. 26<sup>th</sup> August 2022



International Men's Day: 'Issues Affecting Men and their Well-Being'. Mr. Adrian Rosario, Trainer, Infinity Consultancy Services. 19<sup>th</sup> November, 2022



"Developmental Origins of Health and Diseases" Prof. Caroline Fall, Emeritus Prof. of International Paediatric Epidemiology MRC-LEU, University of Southampton, UK. 28<sup>th</sup> January 2023



A Celebration of the Teaching Faculty. Chief guest - Shri Sanjiv Mehta & Guest of Honor - Smt. Radhika D. Mehta, Past Presidents of Rotary Club of Mumbai, Queen's Necklace. 8th September 2022



#### Vision

Empowerment of Women through Quality in Education

#### **Mission**

To impart transformational and accessible education that intellectually stimulates and academically inspires women from all sections of society to gain personal strength, build self-reliance, digital competence and enhance entrepreneurial skills to achieve optimum empowerment.

#### Our institutional objectives are as follows:

- To foster a healthy learning environment
- To make teaching and research relevant to social needs
- To inculcate a humanist outlook in students by means of value based education and community outreach programs
- To focus on vocationalization of courses







## राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद

विश्वविद्यालय अनुसन आयोग का स्वापल संस्थान

#### NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

An Autonomous Institution of the University Grants Commission

## Certificate of Accreditation

The Executive Committee of the

National Assessment and Accreditation Council

on the recommendation of the duly appointed

Peer Jeam is pleased to declare the

Seva Mandal Education Society's

Dr. Bhanuben Mahendra Nanavati College of Home Science

Matunga, Mumbai,

affiliated to Shreemati Nathibai Damodar Thackersey Women's University, Maharashtra as

Accredited

with CSPA of 3.69 on four point scale

al A grade

valid up to December 31, 2024

Date: December 04, 2018





S.C. au





#### Dear Friends,

In the academic year 2022-2023, Dr. BMN College of Home Science made a mark at international level. In December 2022, the college welcomed Prof. Dr. Gina Morrison, a Fulbright Visiting Specialist from Wilkes University, Pennsylvania, to our campus. Prof. Morrison was here as part of the college's initiative to promote



diversity on campus and she conducted a series of interactive workshops with both faculty and students on the themes of 'Teaching for Change', and 'Adapting to Change: An Exchange of Ideas'. This was followed by a BRICS sponsored international conference titled "Talking across Cultures: Reading South - South Feminisms in India and South Africa" which was in collaboration with Stellenbosch University (South Africa) and the PG Dept. of English, SNDT Women's University (Mumbai). In January, we were delighted to receive Prof. Caroline Fall, Emeritus Professor of International Paediatric Epidemiology, MRC-LEU, University of Southampton, UK who graciously participated in an interactive session on 'Developmental Origins of Health & Diseases' hosted by the FSN Department. Our parent body, Seva Mandal Education Society, was honored to receive a global grant of Rs. 1.5 crore from Rotary International under the 'Unnati Skill Enhancement Scheme', in collaboration with the Rotary Club of Queen's Necklace, Mumbai. Under this unique skill training program, our college is offering modules relevant to the beauty culture industry and the IT sector. Personally, I was nominated by the Alexander von Humboldt Postdoctoral Foundation (Germany) to participate in the first residency program on social cohesion for 4 weeks in Berlin, as part of a cohort of 15 vibrant international scholars from across disciplines.

The awards galore continued at national and state levels. We take pride in sharing that our M.Sc. Clinical Nutrition faculty won the 2<sup>nd</sup> runner-up prize in the category of "Best Social Initiative for Women Empowerment" at the Bhavishya Bharat - National Award Festival for Social Work for Colleges, while the college freeship committee bagged the 2<sup>nd</sup> runner-up trophy at the 17<sup>th</sup> Best Educational Quality Enhancement Team (BEQET) President Award 2023 for the project 'Enabling Women Empowerment Through Financial Assistance' from the NCQM. The Environment Sensitization Committee received a 'Certificate of Appreciation' and trophy for conducting environmental activities, and for their involvement in various cleanliness drives from the NGO United Way, Mumbai. Our students kept the BMN flag flying as Ms. Kainat Kamil Siddiqui (NSS Volunteer, SYBCA) marched in the State Republic Day Parade 2023 held at Shivaji Park, Mumbai, on January 26, 2023, representing SNDTWU, and our sportswomen represented the university in chess, karate and shooting at the national level. We continued to host a number of innovative workshops supported by the Rashtriya Uchchatar Shiksha Abhiyan (RUSA) under the 'Enhancing Quality and Excellence in Select Autonomous Colleges Scheme'. The college celebrated its 3<sup>rd</sup> Graduation Ceremony as an autonomous

college for students who graduated in 2021-22. Ms. Marja Eining, Deputy Consulate General of the Federal Republic of Germany, presided over the event. For the first time, the college awarded gold medals to the toppers of each program and distinguished alumni awards to our alumni achievers. The college also organised a prize distribution function along with collaborative ventures such as the entrepreneurship skills development seminars by the Tata Power Skill Development Institute (TPSDI) and out-of-the-box research capacity-building activities by the UGC STRIDE Research Capacity Building Centre, in collaboration with the Homi Bhabha Science Centre. The co-curricular committee and sports committee organised exciting events that saw enthusiastic participation. Our intercollegiate festivals, 'Akanksha' and 'Tekzone' continued to draw out the creative talents of students from colleges across Mumbai. The theme for Balmela 2022-23 organised by the Human Development Department was "Khel Khilone: ek safar - a journey from the past to the present," which was conducted as a special outreach activity at the Lion M.P. Bhuta Sion Saravajanik High School. Keeping to our pledge of the holistic development of women students, the Department of Textiles Science and Apparel Design hosted the innovative 'Vastrakala - Exhibition and Sale'. This year's theme for the restaurant set-up by the Department of Resource Management was "Desi Descanso" which received an overwhelming response from all patrons, on and off campus.

I wish to congratulate all the departments and committees for the success with which they have conducted academic, cultural, NSS, sports, and alumni events. We are indebted to the SMES Management for being our pillar of strength as we venture into the uncharted but exciting horizons of the National Education Policy (NEP). I thank our sponsors and philanthropists for their continued support for student freeships and infrastructure development. Heartiest congratulations to my dear teachers, non-teaching and students for excellent teamwork. I also place on record our gratitude to our collaborating partners from the Industry and academia, to our alumni, and dear parents.

With love and regards,

Prof. (Dr.) Mala Pandurang

### 'AKANKSHA' EDITORIAL COMMITTEE

**Convenor** : Prof. Dr. Mala Pandurang (Principal)

**Editors** : Mrs. Salethmary Austin, Ms. Milina Pereira, Mrs. Cindrella

D'costa, Ms. Manali Chavan and Ms. Reema Jose

**Cover Design**: Mrs. Rikisha Maniyath

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#### INSTITUTIONAL AWARDS AND RECOGNITION

- Faculty team of Department of Postgraduate Studies, MSc. CND (Dr. Rupali Sengupta, Dr. Lakshmi Menon, Ms. Bhavisha Sancheti, and Ms. Sonu Mishra) were declared 2nd runner-up in the category of "Best Social Initiative for Women Empowerment" at the Bhavishya Bharat-National Award Festival for Social Work for Colleges, conducted on 14<sup>th</sup> September, 2022.
- BEQET Team (Principal Prof. Mala Pandurang, Mr. Shahajahan Khan (Team Leader), Ms. Manjot Kaur, Ms. Milina Pereira, and Ms. Sonu Mishra) won the 2<sup>nd</sup> runner-up prize for their project presentation titled 'Enabling Women Empowerment Through Financial Assistance' at the Best Educational Quality Enhancement Team Competition organised by National Centre for Quality Management (NCQM), Mumbai, on 4<sup>th</sup> February 2023.
- The Environment Sensitization Committee received a 'Certificate of Appreciation' and trophy for conducting environmental activities, and for their involvement in various cleanliness drives organised by the NGO United Way, Mumbai, on 4<sup>th</sup> April 2023.

#### STUDENT LAURELS

#### Diploma in Beauty Culture & Hair Dressing (Maharashtra State Board of Technical Education)

Name of the students	Rank
Ms. Urmila Waghela	1 <sup>st</sup>
Ms. Bhavana Dighe	2 <sup>nd</sup>

K.U. Naram Awards from the Association of Food Scientists and Technologists of India. (AFSTI)

Name of the Student	Rank
Ms. Yashvi Chheda (TYFSN) Ms. Dolly Jain (TYND)	1 <sup>st</sup>
Ms. Vrutti Jain(TYFSN) Ms. Amisha Bhayani (TYND)	2 <sup>nd</sup>

**PFNDAI Merit cum Means scholarship :** Ms. Ashlesha Gaikwad (TYFSN)

#### **BMN Student Body Office Bearers 2022-2023**

Presidents : Ms. Tisha Desai (TYND) & Ms. Mahalaxmi Peddi (TYBCA)

Secretary : Ms. Harshita Tiwari (TYND) & Ms. Nisha Raiyani (SYBCA)

NSS Representatives : Ms. Sayli Lalit (SYBSc) & Ms. Riddhi Chavan (SYBCA)

Cultural Representatives
 Ms. Raina Panjwani (SYBSc) & Ms. Kainat Siddiqui (SYBCA)
 Sports Representatives
 Ms. Mubashara Inamdar (TYRM) & Ms. Thriti Anchan (SYBCA)

**Co-opted members** 

: Ms. Dhara Mavani (SYMSc CND), Ms. Gaurangi Rajapurkar (SYBSc), Ms. Tanishq Verma (SYBCA), Ms. Yogeshwari Chettiyar (SYJC)

**Caste Representatives** 

: Ms. Vaishnavi Bhoir (SYND) & Ms. Sakshi Salvi (SYBCA)



#### **Best Student of the Year**

The following students received the 'Best Student Award' for 2022-2023 for their outstanding performance in Academic and Co-curricular Activities:

Dr. B.M.N College of Home Science: (Nutrition & Dietetics)	Ms. Tisha Desai
Smt. K.G Shah Dept. of Computer Applications:	Ms. Akanksha Pawan Pandey
Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies: (M.Sc. in Clinical Nutrition and Dietetics)	Ms. Merin Alexander
PG Diploma in Sports Science Fitness and Nutrition	Ms. Sadiqua Ahsas Ansari
Smt. HMN Junior College:	Ms. Jiya Ajay Ambekar
Smt. S.C.N. Institute of Polytechnic:	Ms. Sakshi Kandar

#### BEST SPORTS WOMEN OF THE YEAR



Ms. Aditi Yadav (MSc Computer Science)

#### BEST NSS VOLUNTEER OF THE YEAR



Ms. Riddhi Chavan (SYBCA)

#### GENDER CHAMPION OF THE YEAR



Ms. Sakshi Gupta (FYBCA)

#### FRESHER'S QUEENS

#### B.Sc.



**Queen:** Ms. Hasti Gala

**Princess I:** Ms. Huda Khan

Princess II: Ms. Sanika Shirke

#### B.C.A



Queen: Ms. Diya Pandit

**Princess I:** Ms. Kimaya Gharat

Princess II: Ms. Vidhee Kamble

#### **BMN PERSONALITY QUEEN**

**BMN Queen:** Ms. Dolly Jain (MSc CND)

**Princess I :** Ms. Sabahat Mallick (SYBCA)

Princess II: Ms. Tanvi Ahir (SYBCA)



#### INTERNATIONAL LEVEL

- Ms. Chelsie Gandhi & Ms. Krishnapriya Sapariya (Oral) and Ms. Yashika Shah & Ms. Samrrudhi Shinde (Poster) of PGDSSFN presented research papers on "Innovative Food Product Development" at the International Conference on "Millets 2023 a Transdisciplinary Approach to its Resurgence and Sustainability" organised by Ruia College on 30<sup>th</sup> and 31<sup>st</sup> January 2023.
- The following MSc. CND final-year students were awarded prizes for their research paper on "Innovative Food Product Development" at the International Conference on "Millets 2023- a Transdisciplinary Approach to its Resurgence & Sustainability" organised by Ruia College on 30<sup>th</sup> and 31<sup>st</sup> January 2023 (under the guidance of Dr. Rupali Sengupta);
  - Ms. Simran Vichare and Ms. Arwa Sawliwala: 3<sup>rd</sup> prize in the poster presentation on "Impact of nutritionally dense millet-based chakrimill cones on undernourished adults aged 25-35 years."

Ms. Shreya Pandey and Ms. Zobiya Khan: consolation prize in the oral presentation on
 "A Study on Development of Gluten free Millet based Jackor Canapes for Diabetes
 Millets Patients."

#### **Food Product Development Competition**

- Ms. Ashvi Jain: 1<sup>st</sup> prize in starter category.
- Ms. Zainab Karim: 2<sup>nd</sup> prize in the dessert category.
- Ms. Taneem Abuji & Ms. Sarah Kalinalwala: consolation prize in the dessert category.
- Ms. Vidhya Nair: consolation prize in the dessert category.

#### NATIONAL LEVEL

- Ms. Shivani Kamble and Ms. Bhavika Pawaskar (TYRM) under the guidance of Dr. Vrushali Datar presented a paper on "The Push and Pull Motivating Factors to Visit Kolhapur" at the two-day National Seminar sponsored by ICSSR on the theme of 'Pilgrimage Tourism in Kaveri Delta Region' by Department of Tourism and Hospitality Management, the Central University of Tamil Nadu, Thiruvarur on 2<sup>nd</sup> and 3<sup>rd</sup> Nov., 2022.
- Ms. Trupti Sahu, Ms. Tamanna Khan and Ms. Ruba Patel (FYBCA II) were awarded cash prizes of Rs. 500 each in the essay writing competition and Ms. Shradha Mourya (TYHD) was awarded a cash prize of Rs. 500 in a self-composed poetry recitation competition on Genderlogue under the theme "Roads, Malls and Beyond: Walking Without Fear" organised by Friedrich Ebert Stiftung New Delhi, India office in collaboration with Women's Development Cell and Internal Complaint Committee of Maniben Nanavati Women's College, Vile Parle on 12<sup>th</sup> December 2022.
- Ms. Pragati Shinde (FYBCA II) participated in the All India Inter-University Karate Tournament 2022-2023 at Atal Bihari Vishwavidyalaya, Bilaspur, Chhattisgarh from 17<sup>th</sup> January to 22<sup>nd</sup> January 2023.
- Ms. Sayli Lalit (SYFSN) participated in the All India Inter-University Shooting Tournament at Swami Vivekanand Subharti University, Meerut, Uttar Pradesh from 19<sup>th</sup> February to 23<sup>rd</sup> February 2023.

#### **STATE LEVEL**

 Ms. Kainat Kamil Siddiqui (NSS Volunteer, SYBCA) marched in the State Republic Day Parade 2023 held at Shivaji Park, Mumbai on 26<sup>th</sup> January 2023 representing NSS Unit of SNDTWU.

#### **REGIONAL LEVEL**

## Winners of Yuva Mahotsav competition held on 22<sup>nd</sup> & 23<sup>rd</sup> September 2022 at SNDT Churchgate

<b>Event Name</b>	Prize	Name of the student
Skit	1 <sup>st</sup>	Ms. Aakanksha Padwal (TYFSN), Ms. Kunika Sonkusare (TYFSN), Ms. Ekta Puribuva (SYBSc), Ms. Prachee Gharat (SYBSc), Ms. Tanvi Ahir (SYBCA II), Ms. Palakh Koyalkar (SYBCA II)
Mime	2 <sup>nd</sup>	Ms. Aakanksha Padwal (TYFSN), Ms. Kunika Sonkusare (TYFSN), Ms. Ekta Puribuva (SYBSc), Ms. Janhavi Pednekar (SYBSc), Ms. Tanvi Ahir (SYBCA II), Ms. Palakh Koyalkar (SYBCA II)
Mimicry	Consolation	Ms. Kunika Sonkusare (TYFSN)
Street Play	Consolation	Ms. Aakanksha Padwal (TYFSN), Ms. Kunika Sonkusare (TYFSN), Ms. Ekta Puribuva (SYBSc), Ms. Prachee Gharat (SYBSc), Ms. Janhavi Pednekar (SYBSc), Ms. Samreen Sayed (SYBSc), Ms. Tanuja Pote (SYBSc), Ms. Noopur Mourya (SYND), Ms. Tanvi Ahir (SYBCA II), Ms. Palakh Koyalkar (SYBCA II)
One Act Play	Consolation	Ms. Aakanksha Padwal (TYFSN), Ms. Kunika Sonkusare (TYFSN), Ms. Ekta Puribuva (SYBSc), Ms. Prachee Gharat (SYBSc), Ms. Janhavi Pednekar (SYBSc), Ms. Samreen Sayed (SYBSc), Ms. Tanuja Pote (SYBSc), Ms. Tanvi Ahir (SYBCA II), Ms. Palakh Koyalkar (SYBCA II)

#### Winners of Yuva Mahotsav competition held on 30<sup>th</sup> September & 1<sup>st</sup> October 2022 at SNDT Pune Campus

<b>Event Name</b>	Prize	Name of the student
Rangoli	2 <sup>nd</sup>	Ms. Akshata Kadam (TYTSAD)
Essay Writing	3 <sup>rd</sup>	Ms. Jassica More (FYBCA II)
(Marathi)		
Group Song	Consolation	Ms. Durva Sawant (SYBCA II), Ms. Tejal Puthran (FYBCA I),
(Western)		Ms. Stuti Matel (SYBSc), Ms. Vinita D'Silva (TYTSAD), Ms.
		Niyati Arora (SYBSc), Ms. Malashca Fernandes (TYBCA I)

#### INTERCOLLEGIATE LEVEL

• Ms. Tulsi Panda (TYBCA I) won 2<sup>nd</sup> prize and also received a cash prize of Rs. 3000/- in an essay writing competition (English) on "How to safeguard the health and rights of women and girls" on the occasion of the World Population Day observed on 11<sup>th</sup> July, 2022, organised by International Institute for Population Sciences (IIPS) on 4<sup>th</sup> July, 2022.

- 7 students from SYBCA & TYBCA participated in an English Essay writing competition organised by International Institute for Population Sciences (IIPS) titled "How to safeguard the health and rights of women & girls" on the occasion of the World Population Day observed on 11<sup>th</sup> July, 2022. Ms. Tulsi Panda won the 2<sup>nd</sup> prize and also received a cash prize of INR 3000/- on 4<sup>th</sup> July, 2022
- Ms. Prerna Avhad (TYND) won Gold medal as BEST TSC PERFORMER at Pre TSC Camp held from 11<sup>th</sup> to 20<sup>th</sup> July 2022 at S.H. Mutha College, Kalyan.
- Ms. Tulsi Panda (TYBCA I) won 1<sup>st</sup> prize in the essay writing competition (English), Ms. Jassica More (FYBCA II) won 3<sup>rd</sup> prize in the essay writing competition (Marathi) and Ms. Kimaya Gharat (FYBCA I) won 3<sup>rd</sup> prize in the poetry writing competition (Hindi), in the literary competitions held under the theme "Azadi ka Amrit Mahostav" organised by SNDT Women's University.
- Ms. Aafiya Fathima (SYND) and Ms. Dolly Jain (M.Sc CND I) won 1<sup>st</sup> prize in Debate competition at "Fad Diets on Nutritional Week" competition organised by SNDT Women's University, Juhu on 5<sup>th</sup> September 2022.
- Ms. Sadiqa Ahsas Ansari won 1<sup>st</sup> prize in a recipe competition organised by Dept. of Food Science and Nutrition, SNDT Women's University on 12<sup>th</sup> September 2022.
- Ms. Aafiya Fathima (SYND) won 2<sup>nd</sup> place in the Spell Bee event in the Sonorous Fest organised by Sheth T. J. Education Society's Sheth N.K.T.T College of Commerce & Sheth J.T.T College of Arts on 16<sup>th</sup> September 2022.
- Ms. Aafiya Fathima and Ms. Mariya Ansari (SYND) won 1<sup>st</sup> prize in the Quiz Competition event as a part of Aahar-Nutrition Week 2022, organised by Guru Nanak Khalsa College, Matunga on 20<sup>th</sup> September 2022.
- Ms. Aditi Yadav (MSc CS-I) and Ms. Niyati Arora (SYRM) earned the 2<sup>nd</sup> and 3<sup>rd</sup> positions, respectively in the individual ranking in the Chess competition and the Chess team won the 1<sup>st</sup> rank in the Sr. Intercollegiate Tournaments organised by the Physical Education Department of SNDT Women's University at Churchgate campus on 11<sup>th</sup> December 2022.
- Ms. Huda Khan (FYBSc) won 3<sup>rd</sup> prize; and Ms. Khushi Raval (FYBCA II) won 4<sup>th</sup> prize in the Sr. Inter collegiate Poster making competition on the theme "Women in Sports" organised by the National Commission of Women in collaboration with Bhartiya Stri Shakti Mumbai & Department of Physical Education & Sports, SNDT Women's University on 15<sup>th</sup> December 2022.

- Ms. Kavita Prajapati and Ms. Tannu Mali (FYJC) won 2<sup>nd</sup> prize in Poster making competition at Intercollegiate Fest "JANEEV" organised by NSS Unit of Sathaye College, Vileparle on 21<sup>st</sup> December 2022.
- Ms. Bhagyashree Ajgaonkar (TYFSN) won 1<sup>st</sup> prize in a recipe competition (Millet Miracle Challenge) organised by ICT, Mumbai and AFST(I), Mumbai for her recipe "Millet Pocket Platter" on 13<sup>th</sup> January 2023.
- Ms. Summaiya Shaikh (TYND) won 2<sup>nd</sup> prize in Bridal Make-up at the 10<sup>th</sup> Yuva Tarang intercollegiate competition organised by Karmaveer Bhaurao Patil Degree College, Thane on 20<sup>th</sup> January 2023.
- Ms. Sayli Lalit (SYFSN): earned the highest points in the 10M shooting range at Senior Inter Collegiate Trail for Shooting on 18<sup>th</sup> January 2023 organised by SNDTWU, Juhu. She is selected for the All India Inter University Shooting Coaching Camp at Champion Shooting Range, Juhu from 27<sup>th</sup> January to 31<sup>st</sup> January 2023.
- Ms. Shubhangi Dey (TYFSN) won 3<sup>rd</sup> runner-up prize in Inter-Institute essay writing competition organised by RUSA Centre for Food Product Development, SNDT Women's University, Juhu Campus as a part of International Year of Millets 2023 Symposium held on 11<sup>th</sup> February 2023.
- Ms. Afifa Kamil (TYTSAD) won consolation prize for Innovative Product Development using Khadi fabric competition organised by the Institution's Innovation Council of Nirmala Niketan College to commemorate Gandhi Jayanti.

#### FACULTY ACHIEVEMENTS AND RECOGNITION

#### **Prof. Dr. Mala Pandurang (Principal)**

- Nominated by the Alexander von Humboldt Postdoctoral Foundation (Germany) to participate in the first Residency Program on Social Cohesion from 17<sup>th</sup> July 2022 to 16<sup>th</sup> August 2022, in Berlin. She was part of a cohort of 15 International scholars from across disciplines.
- She successfully completed a one year fellowship tenure and delivered the address on the concluding project report of the Dr. Aroon Tikekar Research Fellowship at the Asiatic Society of Mumbai on 3<sup>rd</sup> February, 2023.

Mrs. Vinaya Vaishampayan, Vice Principal and Head of the Department of Food Science and Nutrition: Nutrition Society India prize for the best scientific poster entitled "Ikigai or Traditional Indian? The secrets to longevity lie in sustainability" in the 54<sup>th</sup> Annual National Conference of the Nutrition Society of India held at the ICMR- National Institute of Nutrition, Hyderabad on 22<sup>nd</sup> and 23<sup>rd</sup> December 2022.

#### PRESENTATIONS AT INTERNATIONAL LEVEL

#### Prof. Dr. Mala Pandurang (Principal)

- Public Lecture (Online) at the workshop on "Talking Across Cultures on Global South Connectivities: Exploring Pedagogical Possibilities" organised as part of the South-South collaborative project between Dr. BMN College of Home Science, the Post-graduate Department of English, SNDT Women's University in Mumbai and the English Department at Stellenbosch University at STIAS on 6<sup>th</sup> April 2023.
- Speaker and Panellist at the International Research Conference organised by Atlas Skilltech University in collaboration with University of Creative Arts on 'Syndromes of Patriarchy & Gender Bias' on 20<sup>th</sup> April 2023.

#### Dr. Vrushali Datar and Ms. Manali Chavan: "6 A's of Tourism at Panchavati, Nashik:

A Pilgrim Destination" (online research paper presentation) at an International Seminar on 'Shree Ram Van Gaman Path and Tourism Development: Prospects and Challenges' organised by the Department of Tourism Management, Indira Gandhi National Tribal University, Amarkantak, Anuppur, Madhya Pradesh on 10<sup>th</sup>-11<sup>th</sup> February 2023.

**Dr. Pradnya Ambre: "Instilling Sustainable Approach Among Young Girl Students through Green Initiatives in Textile and Fashion Education"** (Oral research paper presentation) at a 3-day International Conference on Sustainability organised by Mumbai University, held from 4<sup>th</sup> to 6<sup>th</sup> August 2022.

**Dr. Roma Patki: "Ergonomics helps writing without Tears"** (research paper presentation and also co-chaired a session) at the 20<sup>th</sup> International Conference on Humanizing Work and Work Environment 2022 (HWWE) organised by the Dept. of Sports Science, Punjabi, University of Patiala from 24<sup>th</sup> to 26<sup>th</sup> November 2022.

Ms. Manali Chavan: "Soft Skills - a Milestone in Shaping a Career" (research paper presentation) at the Online Multidisciplinary International Conference on Contemporary Trends in Humanities, Commerce & Basic and Applied Sciences and Charting Sustainable

Development organised by Internal Quality Assurance Cell of Parle of Tilak Vidyalaya Association's M L Dahanukar College of Commerce, Vile Parle, Mumbai on 15<sup>th</sup> Feb., 2023.

Reema Jose & Fatema Fanuswala: "Effect of Strategies to Promote Social Cohesion on the campus of Dr BMN College of Home Science, an exclusive undergraduate women's institution" at the International Conference on 'Being Interconnected' hosted by the Department of Inter Religious Studies of St. Xaviers College (Autonomous) on 21st Feb., 2023.

#### PRESENTATIONS AT NATIONAL LEVEL

#### **Prof. Dr. Mala Pandurang (Principal)**

- Resource person. "Expanding Horizons: Avenues and Opportunities in Research" at the National Conference titled 'Academia and Contemporary Research: Roots and Routes; at Sophia College on Friday, 16<sup>th</sup> September 2022.
- Chairperson. 'An authors' workshop in interdisciplinary studies organised by the International Association of Comparative Literature, Society and Culture (IACLSC) on 25<sup>th</sup> September 2022.

Ms. Bijal Dedhia: "Digital Entrepreneurship: An Enterprising Approach For Home Science Students" (oral research paper) and "Swot of Digital Marketing:Artisan's Perspective" (poster presentation) at the 34<sup>th</sup> Biennial National Conference of Home Science Association of India Under Entrepreneurship Development organised by Kerala Chapter at St. Teresa's College, Kochi, Kerala from 15<sup>th</sup> to 17<sup>th</sup> December 2022.

Ms. Madhura Ghaisas: (e-poster) on "A Survey On Consumer Awareness About Shelf-Life Dates of Packaged Food and its Role in Food Wastage" at Paushti Con 2023 - National level E-conference organised by the Nutrition Society of India (NSI) in collaboration with College of Home Science Nirmala Niketan; MGM, School of Biomedical Sciences, MGMIHS and Lifeness Science Institute held on 27<sup>th</sup> and 28<sup>th</sup> January 2023.

Mrs. Vidya Subramaniam and Ms. Fatema Fanuswala: research paper on "Innovative Practices to Cultivate Life Skills based on Gandhian Values among Students" during Gandhi week celebrations conducted by V.K. Krishna Menon College of Commerce and Economics on 4<sup>th</sup> November 2022.

#### PRESENTATIONS AT STATE LEVEL

**Dr. Rupali Sengupta, Ms. Bhavisha Sancheti and Ms. Sonu Mishra:** presented a poster on best practices of the college titled "Development of Capacity to promote Student Wellness" through Interface of Curriculum, Pedagogy, Student Engagement and Social Outreach" at the state-level conference "Accreditation: A Way Ahead" organised by University of Mumbai in association with RUSA (Maharashtra) under UGC on 11<sup>th</sup> and 14<sup>th</sup> November 2022.

#### **UNIVERSITY / INTERCOLLEGIATE**

#### Dr. Rupali Sengupta

- Resource person for 2 days workshop on Advances in Statistics on 21<sup>st</sup>-22<sup>nd</sup> November, 2022 for Masters students organised by Post Graduate Department of Studies and Research, SNDT Juhu.
- Resource person for PhD Research Methodology Course Work for doctoral students batch of 2022 on 11<sup>th</sup> January, 2023 at SNDT Women's University, Juhu.

**Dr. Pradnya Ambre:** resource person to conduct a session on "Natural dyes - past, present and future" for the students of the Textile Design Program at the National Institute of Fashion Technology, Mumbai on 11<sup>th</sup> October, 2022.

**Mrs. Vidya Subramanian:** resource person to talk to students on "Enhancing Reading Habit" organised by the Library Staff and the Library Committee, JWES Wilson College (Autonomous) on 12<sup>th</sup> August, 2022.

#### STUDENTS' PRESENTATIONS

#### INTERNATIONAL LEVEL

MSc. CND final year students presented a research paper on 'Innovative Food Product Development' at the International Conference on "Millets 2023 - a Transdisciplinary Approach to its Resurgence & Sustainability" organised by Ramnarain Ruia Autonomous College on 30<sup>th</sup> and 31<sup>st</sup> January, 2023 under the guidance of Dr. Rupali Sengupta.

 Ms. Pratiksha Bhendre and Ms. Dhara Mavani: "A Study on the Development of Millet based spread as a healthy alternative to combat malnutrition in school-going adolescents aged up to 12 years".

- Ms. Sakshi Mhatre and Ms. Dhanvi Maisheri: "Development of gluten-free and sugar-free cal-mill bhakarwadi for young female adults in central Mumbai".
- Ms. Samruddhi Shinde and Ms. Yashika Shah: "Development of millet-based cookies for the long-distance running female athletes who fall into the female athlete triad".
- Ms. Rishika Mettu and Ms. Lakshana Sawant: "Modification of commercial soan paped to mi-calci bytes-a healthy substitute and diabetic friendly product".
- Ms. Krishnapriya Sapariya and Ms. Chelsie Gandhi: "Development of millet-based bar to observe the change in energy levels of runners".

#### PRESENTATIONS AT NATIONAL LEVEL

Department of Textile Science and Apparel Design students presented research papers at Texcon 2023, at the National Conference organised by Vaishnav Institute of Textile Technology, Vaishnav Vishwavidyalaya, Indore on 3<sup>rd</sup> and 4<sup>th</sup> March 2023 under the guidance of Dr. Pradnya Ambre & Ms. Bijal Dedhia:

- Ms. Habibunnisha Dhanani: "Adaptive Clothing A Step towards Curative Fashion".
- Ms. Tasneem Diwan: "Khadi Potential as Fashion Silhouette".

M.Sc. Computer Science final year students presented research papers on "Transcending Business Paradigms: A Way Forward" at the National Conference on Management & Technology organised by PTVA's Institute of Management, Vile Parle (E), Mumbai, Navinchandra Mehta Institute of Technology and Development, Dadar, Mumbai and University of Mumbai on 25<sup>th</sup> March, 2023 under the guidance of Dr. Neelam Naik.

- Ms. Sheetal Bhore: "Recommendation of Dance Form to Treat Obesity Problems"
- Ms. Suruthi Venkatesan; "Study of Career opportunities in the Software Testing field among Students and Professionals"
- Ms. Salonee Mahadik: "Severity and Awareness of PCOD/PCOS in Women"
- Ms. Alifiya Kheriwala: "Impact of Usage of Electric Vehicle on the Environment"
- Ms. Zaveria Khan: "Depression Analysis of Mental Health through Paintings"
- Ms. Komal Kahandole: "Medical Prescription classification based on Natural Language Processing (NLP) approach"

#### INTERCOLLEGIATE LEVEL

SYBSc Food Science and Nutrition (FSN) and Nutrition and Dietetics (ND) students presented a research paper at Aarya Intercollegiate Research Competition organised by Nirmala Niketan College, Mumbai on 28<sup>th</sup> February, 2023 under the guidance of Dr. Harsha Chopra.

- Ms. Gargee Joshi, Ms. Janhavi Pednekar and Ms. Samreen Sayed: "Reducing Food Wastes in the Nutrition Labs".
- Ms. Nishita Sirodariya, Ms. Virti Shah, Ms. Swati Shapariya, Ms. Prajakta Musale and Ms. Vanshita Singh: "Perception of Youth about Acid Attack Victims and Laws Pertaining to it - A Qualitative Survey".
- Ms. Vaishnavi Bhoir, Ms. Aditi Pawar, Ms. Sanika Raut, Ms. Avani Pal, Ms. Ishwari Jadhav and Ms. Dipti Suryavanshi: "Gender Discrimination at Workplace".

Ms. Disha Patil, Ms. Sakshi Giri, Ms. Komal Sorkhande and Ms. Asmita Karpe presented a paper on "A Case Study on Transgender" and Ms. Khushi Kadam and Ms. Shradha Mourya presented a paper on "The Perception of Pre-retirees regarding the transition to retirement: Physical and Psychological Aspects" at the intercollegiate research competition "Ageing: Potentials and Obstacles" organised by S.P.N.Doshi Women's College, SNDT Ghatkopar on 4<sup>th</sup> February 2023.

#### **PUBLICATIONS**

- Mala Pandurang with Russell Mcdougall and Michael Griffiths. Series Editors.
   "Transmitting Memories in Rwanda. From a Survivor Parent to the Next Generation".
   Volume: 02. Authors: Claver Irakoze and Caroline Williamson Sinaloa. Publication Date: 31<sup>st</sup> October, 2022.
- **Mala Pandurang**. 'Kala Pani Crossings: Revisiting 19<sup>th</sup> Century Migration from India's Perspective, South Asian Diaspora', Doi: 10.1080/19438192.2022.2136125.
- **Bijal Dedhia**. "Digital Entrepreneurship: An Enterprising Approach for Home Science Students". 'Innovation and Incubation Opportunities Through Home Science'. Pg 193-203.
- Vinaya Vaishampayan and Veena Yardi. "Comprehensive Assessment of Geriatrics
  Living in Two Different Familial Conditions". Indian Journal of Applied Research.
  February 2023. Vol. XIII. Issue II. Peer Reviewed Journal. Print ISSN-2249-555X

#### STUDENTS' PUBLICATIONS

• **Ms. Akanksha Padwal (TYFSN)** "Encapsulation for improving nutritional quality" in e-Food and Nutrition Magazine published by PFNDAI (Protein Foods and Nutrition Development Association of India), 15<sup>th</sup> February, 2023.

## M.Sc. CND students (with Dr. Rupali Sengupta as a Co-author) have published papers in International Journals:

- Ms. Merin Alexander, Ms. Pratiksha Bendre, Ms. Pranali Lambole and Ms. Mavani Dhara:
   "A study on the development of value added food products: Aloe Laddo for Therapeutic and Medicinal Properties'. International Journal of Home Science 2022:8(3):223-226.
   ISSN:2395-7476.
- Ms. Shreya P, Ms. Zobiya K, Ms. Ummehani K and Ms. Jumana L: "Product Development: Jackor Bites prepared from Jackfruit Flour and Jowar Flour for Diabetes Mellitus Patients between the age group 35-45 years". International Journal of Creative Research & Thoughts Volume 10, Issue 11 November 2022 | ISSN: 2320-2882 UGC Approved Journal No: 49023 (18).
- Ms. Bharmal Fatema, Ms. Karim Zainab, Ms. Patel Urmi and Ms. Patil Kalyani: "Development of low carbohydrate, fibre rich multigrain cake rusk for overweight adolescents aged 10-15 years in India". International Journal of Creative Research and Thoughts, Volume 10, Issue 12 December 2022 | ISSN: 2320-2882 UGC Approved Journal No: 49023 (18).
- Ms. Abuji Taneem, Ms. Chowdhury Sneha, Ms. Kazi Aisha and Ms. Maccawala Sherebhanu: "Formulation & Analysis of modified food product Namkeen Crackers for Type 2 Diabetes Mellitus". International Journal of Home Science 2022; 8 (3):233-237.
- Ms. Kalinawala Sarah, Ms. Khan Saniya, Ms. Sawliwala Arwa and Ms. Vichare Simran: "Development of an energy dense Millet-based Chakri Cones for undernourished young adults'. International Journal of Creative Research thoughts. Volume 10, Issue 11, November (2022). ISSN: 2320-2882. UGC Approved Journal No: 49023 (18).
- Ms. Yukta Sharma: "Comparative Assessment of Dietary Patterns in Marwari Community between Traditional Thali and One Meal Concept". International Journal of Health Science and Research. Vol 12. Issue 11. November 2022.

Ms. Naqvi Zainab, Ms. Pandya Shreya, Ms. Khan Afsana and Ms. Momin Sauda: "Beet Pulse Bites - a modified food product for cardiovascular disease patients". International Journal of Creative Research Thoughts. Volume 10, Issue 12, November (2022). ISSN: 2320-2882. UGC Approved Journal No: 49023 (18).

#### Faculty members as members of significant academic bodies.

racuity members as members of significant academic bodies.		
Name of the Faculty/Designation	Details of Representation	
Prof. Mala Pandurang (Principal & HOD, Dept. of English)	<ul> <li>Member of the Advisory Board of Mumbai Münster Institute of Advanced Studies (MMIAS), University of Mumbai</li> <li>Member, Academic Council of the SNDT Women's University, Mumbai. (2019-2022)</li> <li>Chairperson, Board of Students for Women's Studies, SNDT Women's University (2019-2022)</li> <li>Subject Expert Board of Studies in English at the following institutions</li> <li>SNDT Women's University (2018 onwards)</li> <li>SIES College, Mumbai (2018 - 2023)</li> <li>Sophia College, Mumbai (2018 - onwards)</li> <li>Jai Hind College, Mumbai (2018 - 2023)</li> <li>St Xavier's College (2018 onwards)</li> <li>Ramniranjan Jhunjhunwala College, Mumbai (2018 - 2022)</li> <li>Smt. MMP Shah College of Arts and Commerce (2019- 2022)</li> <li>S.V.K.M's Mithibai College of Arts, Chauhan Institute of Science and Amrutben Jivanlal College of Commerce and Economics (Autonomous)</li> </ul>	
Mr. Shahjahan Khan (Vice-principal and BCA Program Coordinator)	<ul> <li>Subject Expert Board for Computer Science at the following institutions</li> <li>SIES College of Science and Commerce (Autonomous)</li> <li>Bhavan's College (Autonomous)</li> <li>S.V.K.M's Mithibai College of Arts, Chauhan Institute of Science and Amrutben Jivanlal College of Commerce and Economics (Autonomous)</li> </ul>	

Dr. Vrushali Datar (HOD) (Dept. of Resource Management)	Special Invitee, Board of Studies of Chetana's H.S. College of Commerce and Economics
Dr. Roma Patki (Dept. of Resource Management)  Dr. Rupali Sengupta (HOD, M.Sc. in Clinical Nutrition and Dietetics & PG Diploma	<ul> <li>Special Invitee, Board of Studies of Sir Vithaldas         Thackersey College of Home Science (Autonomous)     </li> <li>Member of Review Committee for International Science         Domain Journal (UK)     </li> <li>LEC, Life Member of AFST(I) Mumbai Chapter and in-charge</li> </ul>
in Sports Science Fitness & Nutrition )	<ul> <li>of students welfare program</li> <li>Member, Board of Studies of M.Sc. CND, Periyar University,         Salem, Tamil Nadu</li> <li>Co-convenor &amp; Life Member of Nutrition Society of India         (Mumbai) and Association of Sports Nutrition &amp; Fitness         Science</li> <li>Co-convenor of Association of Sports Nutrition &amp; Fitness &amp;         Science</li> </ul>
Ms. Manjot Kaur (Dept. of Computer Applications)	Member Board of Studies for Computer Science, SIES College of Science and Commerce (Autonomous)

#### MEGA EVENTS OF THE YEAR

#### **International Events**

- College welcomed Dr. Gina Morrison, Fulbright Visiting Specialist from Wilkes University, Pennsylvania from 9<sup>th</sup> to 22<sup>nd</sup> December, 2022. She conducted the following sessions:
  - "Teaching for Change" for 45 faculty members on 10<sup>th</sup> December, 2022.
  - "Adapting to Change: An Exchange of Ideas" a series of workshops for 42 FYBCA and FYND students on 12<sup>th</sup>, 13<sup>th</sup> and 16<sup>th</sup> December, 2022.
- Department. of Foundation Courses and the Women's Cell organised an Interdisciplinary International workshop on "Talking across Cultures: Reading South South Feminisms in India and South Africa" in collaboration with PG Dept. of English, SNDT Women's University (Mumbai) and Stellenbosch University (South Africa) on 14<sup>th</sup> and 15<sup>th</sup> December, 2022 under a BRICS research mobility grant.

• Prof. Caroline Fall, Emeritus Professor of International Paediatric Epidemiology MRC-LEU, University of Southampton, UK visited the college and had an interactive session on "Developmental Origins of Health and Diseases" with SYBSc, TYBSc, MSc Nutrition students on 28<sup>th</sup> January, 2023.

#### INTERNATIONAL ALUMNA LED SEMINAR

Smt. K. G. Shah Department of Computer Applications has organised an International Alumna Led Seminar on "Career Options in Salesforce CRM" on 7<sup>th</sup> December, 2022 by Ms. Mitali Telang (2007-08), Senior Technical Architect, Salesforce, Australia and 'Digital Marketing: Creating your Personal Brand/Advertising your business' by Ms. Manjeet Kaur (2007-08), Digital Project Manager, Mediabrands, Canada. 211 students and alumni attended the same.

#### NATIONAL LEVEL SEMINARS

- Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies (M.Sc. CND & PGDSSFN) organised a National level Seminar on 'Nourish India @ 100 Marching ahead to a Suposhit Bharat' on 28<sup>th</sup> September, 2022. There were 350 participants across India. The chief guest was Shri. Pawan Agarwal, IAS, Senior Advisor, PATH & former CEO FSSAI, New Delhi and Keynote speakers were Ms. Pritee Choudhary, IRS Regional Director, Food Safety Standards Authority of India, Western Region and Smt. Sushmita Jyotsi Regional Director, Sports Authority of India, Mumbai (SAI).
- National Level Seminar on "Women and Law" was organised by the Internal Committee
  in collaboration with CIRCOT on 10<sup>th</sup> October, 2022. The speaker was Manisha Tulpule,
  Practising Advocate, Women and Child Right Sector. Non-teaching staff of CIRCOT,
  faculty and non-teaching staff of Dr. BMN College of Home Science and Smt. MMP Shah
  College attended the same along with TYBSc and FYBCA students.

#### **ENDOWMENT / MEMORIAL LECTURES**

- Annual Smt. Dakshaben Pathak Memorial Lecture was organised by the seminar and workshop committee in collaboration with Lion's Club of Sion on 6<sup>th</sup> September, 2022. Dr. Niteen Karnik, Professor & Head, Department of Medicine, LTMM & LTMG Hospital, Sion, Mumbai spoke on "Anaemias in Women: From Womb to Tomb".
- Annual Shri. Mohanlal Pathak Endowment Lecture Series was organised by the Gandhian Studies Centre on 10<sup>th</sup> October, 2022. Dr. Kanchana Mahadevan (Professor - Department of Philosophy, University of Mumbai) spoke on "Pluralism on a Gandhian Note"

• Shri. Madhav Bakshi Memorial Lecture series on Value Education was organised by the Gandhian Studies Centre & Code of Conduct Committee in collaboration with the MUSE Foundation on 9<sup>th</sup> March, 2023 on the topic "Values in Everyday Life". The speaker was Mr. Rohit Parakh (National Facilitator for States at National Coalition for Natural Farming)

#### **65**<sup>TH</sup> FOUNDATION DAY CELEBRATIONS

The 65<sup>th</sup> Foundation Day of the Seva Mandal Education Society was celebrated on 1<sup>st</sup> August 2022. Oath-taking ceremony for the student body was held & office bearers were felicitated. In keeping with the best practices of promoting Industry-Academic interaction, the following experts from the corporate sector were



felicitated by the chief guest Mr. Rajesh Chandulal Gandhi, President of Jain Jagruti Centre, Sion.

- Mr. Nilesh Lele, Founder & Managing Director, Exelon Foodbio Advisors Pvt. Ltd for linkages with the Department of M.Sc in Clinical Nutrition and Dietetics.
- Mr. Vinod Boga, Lead Data Engineer, Collinson Group for linkages with the Department of Computer Applications.
- Mr. Paras Chheda Pooja Clothing Pvt. Ltd. for linkages with the Department of Textile Science and Apparel Design.
- Mr. Shivshankar Timmanpyati, Chief Dietitian, Tata Memorial Hospital for linkages with Department of Food Science and Nutrition.
- Mr. Dinesh Madival, Acting General Manager, Head of Sales and Operations, Ramee Guestline Hotel for linkages with Department of Resource Management.
- Dr. Mandar Talvekar, Head Content Development, Tata Power Skill Development Institute (TPSDI).
- Mr. Mukul Saxena, Head Training Content & Technology, Tata Power Skill Development Institute (TPSDI).
- Mr. Shantanu Pawar Consultant, Rashtriya Uchchatar Shiksha Abhiyan (RUSA).

#### Following Non-Teaching staff were felicitated for their dedicated services:

Ms. Divya Kamath - 34 years Mrs. Khurshid Shaikh - 30 years

Mr. Nelson P.V. - 25 years Mrs. Nital Moghe - 10 years

Mr. Vilas Sawant - Class III employee Mrs. Sujata Pawar- Class IV employee

#### **TEACHERS' DAY**

Teachers' Day function was organised on 8<sup>th</sup> September 2022. The chief guest was Shri. Sanjiv Mehta and Guest of Honor was Smt. Radhika D. Mehta, Past President of the Rotary Club of Mumbai, Queen's Necklace. The following teachers were felicitated for their achievements:

#### Completion of dedicated service of 30/25/20/10 years:

- Mrs. Jignasa Hemal Kharod (30 years)
- Mr. Shahajahan Khan (25 years)
- Mrs. Kavita Karapurkar (20 years)
- Mrs. Kalpana Pushkar Singh (20 years)
- Ms. Namrata Chopdekar (10 years)
- Ms. Kalavanti Dave (10 years)

#### **Paper presentation/ Publications**

- Prof. Dr Mala Pandurang
- Mrs. Vinaya Vaishampayan
- Dr. Vrushali Datar
- Dr. Rupali Sengupta
- Dr. Lakshmi Menon
- Ms. Shilpa Shettigar
- Ms. Diana Fernandes
- Mr. Prashant Tambe
- Ms. Ashwini Baste
- Ms. Sona Somasundaran
- Ms. Sukanya Jangade
- Ms. Neswari Fernando

#### DEGREE AND ANNUAL PRIZE DISTRIBUTION CEREMONY

Dr. BMN College of Home Science organised the 3<sup>rd</sup> Graduation Ceremony on 4<sup>th</sup> March 2023. Degrees and Diplomas were awarded to the students who successfully completed various graduate and postgraduate courses of the college in the academic year 2021-22. The ceremony was presided over by Ms. Marja Eining, Deputy Consulate General of the Federal Republic of Germany. The following students were felicitated

#### **GOLD MEDALISTS OF THE BATCH OF 2021-2022**

Name	Program
Ms. Yukta Sharma	Master of Science in Clinical Nutrition and Dietetics (MSc CND)
Ms. Dolly Jain	B.Sc Home Science (Nutrition and Dietetics)
Ms. Avantika Parab	Department of Computer Applications

#### **MERIT HOLDERS of 2021-22**

Department	Name of the student	Rank
Resource Management (Hospitality	Ms. Bhabal Siddhi Rohidas Madhuri	Topper
Management)		
Food Science and Nutrition	Ms. Chheda Yashvi Rohit Jyoti	Topper
Human Development	Ms. Haria Devangshi Hemant Jyoti	Topper
Textile Science and Apparel Design	Ms. Umaira Mohammed Usman Sabina	Topper
Bachelor of Computer Applications	Ms. Gala Jinal Pravin Manju	2 <sup>nd</sup> Rank
	Ms. Hatiskar Sejal Pramod Preeti	3 <sup>rd</sup> Rank
	Ms. Jadhav Priyanka Balaji Vithabai	4 <sup>th</sup> Rank
	Ms. Gada Pooja Shashikant Neetaben	5 <sup>th</sup> Rank

M.Sc. Clinical Nutrition & Dietetics	Ms. Savla Mitali Mayush Pratima	2 <sup>nd</sup> Rank
	Ms. Bait Nidhi Nitin Beena	3 <sup>rd</sup> Rank
M.Sc. in Resource Management	Ms. Kelaskar Kalika Pradip Ujwala	Topper
(Tourism & Hospitality Management)		
Post Graduate Diploma in Sports	Ms. Chavan Kajol Vivek Anita	Topper
Science Fitness & Nutrition		
Post Graduation Diploma in Early	Ms. Shetty Sakshi Deepak Archana	Topper
Childhood Education		

#### RECIPIENTS OF DISTINGUISHED ALUMNA CITATION

Name	Department
Ms. Mugdha Pradhan (Batch of 1999)	BSc Home Science with specialization in Food
Founder and CEO of iThrive and a	Science and Quality Control
functional nutritionist	
Ms. Kajal Thosani Bhathena (Batch of 2004)	BSc Home Science with specialization in Food
Founder of "Health and you -Redefining	Science and Nutrition and Postgraduate
Mind and body"	Diploma in Sports Science Fitness and Nutrition
	2006
Ms. Kasturi Shelar (Batch of 1999)	BSc Home Science with specialization in
Director & Cinematographer at Film	Resource Management
Ms. B. Jayasree (Batch of 2004)	Bachelor in Computer Applications
Founder of Corporate Readiness Academy	

#### ANNUAL PRIZE DISTRIBUTION CEREMONY

Dr. BMN College of Home Science had organised the Annual Prize Distribution ceremony on 25<sup>th</sup> March 2023. Chief Guest was Mr. Digant L. Kapadia, Managing Director, B.E. Billimoria & Co. Ltd. The following students were felicitated:

- Subject Toppers under Dr. BMN College of Home Science at FY and SY level, HMN
  Junior College, BCA Department, MSc-CND Department and SCNI Polytechnic were
  felicitated.
- Student achievers Sports awards under National level, State level and Yuva Mahotsav were felicitated.
- Students with paper presentations at International, National and State level were felicitated.

#### **SEMINARS AND LECTURE SERIES**

**Seminar and Workshop Committee members:** Dr. Vrushali Datar (In-charge), Ms. Sugandha Lad (till September 2022), Mr. Nitin Pawar, and Ms. Bhavisha Sancheti

Date	Event
17.08.2022	State Level workshop on "Lactation Management" sponsored by RUSA in hybrid mode. Beneficiaries: 200 students. Speakers - Ms. Deepali Fargade, CSR Manager - Health & Nutrition and Ms. Shital Hiwale, Field Officer from Shreemati Malti Dahanukar Trust.

#### CAPACITY BUILDING WORKSHOPS FOR STUDENTS

Date	Event
01.07.2022	Ms. Shasirekha Raghawan, Certified Financial Planner was invited to deliver a lecture on "Financial Literacy" for 62 SYBSc students in association with Be.artsy.
30.07.2022	Ms. Shasirekha Raghawan, Certified Financial Planner was invited to deliver a lecture on "Financial Literacy" for 52 TYBCA students in association with Be.artsy.
21.11.2022	Session on "Logy of Mumbai" by Dr. Kurush Dalal, Director, School of Archaeology, INSTUCEN Trust Mumbai was organised by Dr. Aroon Tikekar Center for Advanced Studies, The Asiatic Society of Mumbai for 230 students.
21.01.2023	Seminar on "Attitude and Gratitude" was organised for the SYBSc students by Mr. Jignesh Sanghvi, Trainer and Freelancer.

#### PROFESSIONAL DEVELOPMENT OF NON-TEACHING STAFF

Date	Event
25.04.2023	RUSA sponsored Faculty Development Workshop on "Art and Stress" was organized
	for 25 non-teaching staff members by Mr. Parulekar, Head, Department of Applied
	Arts along with Mrs. Nalini Parab and Mr. Shravan Chavan Lecturer, Dept. of Applied
	Art

#### PARTICIPATION AND PRIZE WON BY NON-TEACHING STAFF

Date	Event
07.01.2023	Mrs. Neeta Dhuri and Mrs. Nital Moghe attended a one day seminar on "Soft Skills for Effective Administration" organised by the Administrative Office in collaboration with Department of English Under the Aegis of RUSA at Changu Kana Thakur Arts, Commerce and Science College, New Panvel.
10.01.2023	Mrs. Chitravathi M. D'souza and Non-teaching Male staff participated in Volleyball and Best out of Waste competition organised by M. D. Shah Mahila College, Malad.
14.01.2023	Mrs. Chitravathi M. D'souza won 1 <sup>st</sup> prize in Musical Chair, 2 <sup>nd</sup> prize in Carrom and 2 <sup>nd</sup> prize in One minute 8 different games in the Inter-collegiate sports event for Non-Teaching Staff organised by Kelkar College, Mulund East.

## MEMORANDA OF UNDERSTANDING FOR COLLABORATIVE VENTURES

#### The institution signed the following MOUs for the academic year 2022-2023:

- MUSE Foundation set up a Muse Movie Club which organized screenings regularly to spread rational thinking. The screenings were based on topics that encompass environmental and social issues.
- Smt. P.N. Doshi College, Ghatkopar for Faculty & Student Exchange Program with the Dept. of Computer Applications.
- Aseema Charitable Trust for Social Outreach Programmes.
- Radhee Foundation NGO for Blog Writing Awareness on immunity and health checkups with M.Sc CND.
- Letter of Understanding with Tata Power Skill Development Institute (TPSDI) for jointly Designing, Developing, Delivering and/or Assessing Courses with a focus on Skill Development and Employability Skills.
- Smt. Kamlaben Gambhirchand Shah Law School for student, teacher exchange program, seminar, workshops, and various other research activities.
- Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences for student, teacher exchange program, seminar, workshops and various other research activities.
- Smt. Maniben M.P Shah Women's College with the UGC STRIDE Research Capacity Building Centre at Dr. BMN College of Home Science for Mentoring Interaction.

- Sports Authority of India (SAI), Mumbai for Internship & Workshops for PGDSSFN students.
- NGO Stree Mukhti Sangathana for Dry waste and E-Waste Collection and Drives.
- NGO United Way for Environment Awareness Activities.
- Bombay Community Port Trust (BCPT) for Internship in teaching aid educational video editing for SYBCA students.
- Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies, MSc in Clinical Nutrition and Dietetics with International Training Centre Food Safety and Applied Nutrition, Government of India (ITCFSAN), Mumbai for Tribal Entrepreneurship Development and also to create awareness on ethnic tribal food products.
- Gujarati Kelvani Mandal (Amulakh Amichand School, Amulakh International School, B.A.K. Swadhayay Bhavan) and Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies, Post Graduate Diploma in Sports Science Fitness and Nutrition for Nutrition consultancy for sports students of the school.

#### MATHEMATICS ASSOCIATION

Date	Details
18.10.2022	Algengo event based on solving linear equations was conducted for BCA students. 18 students participated in the same. The winners were Ms. Shravani Khond (SYBCA), Ms. Priyanka Chile (SYBCA) and Ms. Karuna Maitri (FYBCA)
22.12.2022	On the occasion of National Mathematics Day, Mathematics Association organised a movie screening of Shakuntala Devi. 100 students attended the same. The screening of the movie was followed by a Quiz. The posters on the uses of mathematics were also displayed.
13.03.2023	Crossword puzzle was given to FYBCA students on the various terms related to integers.



#### **COLLABORATIVE VENTURES/ EXTENSION ACTIVITIES**

- Department of Food Science and Nutrition in collaboration with Centre for the Study of Social Change, Bandra East, conducted a session on "Importance of Breastfeeding" in the slum community of Golibar, Santacruz (East). The awareness session was conducted through a short skit performed by 14 students of TY FSN class who distributed information pamphlets to the attendees. The total number of beneficiaries were 22 women which included pregnant and lactating women on 5<sup>th</sup> August 2022.
- 13 TY FSN students in collaboration with Dr. Muffazal Lakdawala's Centre for Obesity and Digestive Surgery (CODS), completed Nutritional Assessment (anthropometry measurements, measuring blood pressure counting) and provided nutritional consulting for 86 individuals who were severely obese and suffering from cardiovascular disease or diabetes, residing in Worli, Mumbai, on 6<sup>th</sup> and 8<sup>th</sup> March 2023.
- Department of Textile Science and Apparel Design organised an Outreach activity for women from the community. The skill training program was conducted by 12 TY TSAD students along with Dr. Pradnya Ambre, on "Screen and Hand Block Printing". This activity was conducted in collaboration with Vision Rescue NGO, Mumbai on 20<sup>th</sup> January 2023. Alumna Ms. Gurwinder Kaur (TSAD Batch 2016-17) is working at Vision Rescue as a Vocational and Livelihood Trainer for the past 5 years.
- RUSA sponsored Tribal Community Project in collaboration with International Training
  Centre Food Safety & Applied Nutrition, Government of India (ITCFSAN, Mumbai) at
  Sanjay Gandhi National Park, provides training on the development of traditional
  indigenous food products to the M.Sc. in Clinical Nutrition and Dietetics students. The
  objective is to develop traditional tribal recipes based on millet, so the community can create
  nutritious and healthy meals.
- On National Handloom Day Celebration, a workshop on "Natural Dyeing on Organic Cotton" conducted by Mr. Maruti Kamble, Sr. Executive, Adiv Pure Nature, Mumbai. 12 TYTSAD students, 8 Diploma in Fashion Design students and 2 teachers attended the workshop on 6<sup>th</sup> August 2022. Inauguration of New Looms by Dr. R.D. Kale HOD, Department of Fibre and Textile Chemical Processing and Dr. Shilpa Charankar, Executive Secretary, SMES. Garment Design Competition using handloom fabric and display of Garments made by TYTSAD students which was judged by Mrs. Kavita Deshmukh, Faculty, SCNI Polytechnic, Fashion Design Department on 8<sup>th</sup> August 2022. Winners of the

- competition were: 1<sup>st</sup> prize: Ms. Vijaya Patil, 2<sup>nd</sup> prize Ms. Akshata Kadam, 3<sup>rd</sup> prize Ms. Afifa Kamil
- Smt. K.G. Shah Department of Computer Applications students visited an old age home at Manav Seva Sangh on 20<sup>th</sup> April, 2023. Students taught senior citizens how to use mobile phones and various applications and safety measures while using them. They performed a dance and a skit to spread awareness about cyber safety followed by some games and entertainment programs. There were 45 senior citizens and 8 students.

#### 'NUTRISHIKSHA' - SOCIAL OUTREACH PROGRAMME (RUSA SPONSORED)

Smt. Manjulaben Gunvantrai Shah Department of Post Graduate Studies (MSc Clinical Nutrition & Dietetics) has undertaken nutrition education programs, workshops, and seminars under the Social Outreach Programme "Nutrishiksha". The nutrition education programs emphasize the importance of a balanced diet, food groups, whole grains, and the benefits of physical activity. The Nutrishiksha program's objective is to create nutritional awareness and lifestyle choices, increase the consumption of whole grains among school children, and disseminate evidence-based information by front-line health workers. The program aims to sensitize school students on various health and nutrition-related concerns and develop a healthy, economically sustainable lifestyle pattern in the community. These students are also advised to visit POSHAN KENDRA (Nutritional Counselling Cell) where a Wellness Report Card is distributed to participants.

#### VASTRAKALA

The SY and TY students of the Textile Science and Apparel Design Department had arranged an exhibition of textile products named "Vastrakala" on 24<sup>th</sup> March 2023. The exhibition started with the inauguration of the stall by the chief guest Ms. Kalpana Singh. The students showcased their creativity and made unique handmade textile products such as specs cover, various types of scrunchies, embroidered keychains, gift envelopes, coin pouches, hand made jewelleries, tie and dye cotton and chiffon dupattas. They also painted and embroidered tote bags, cushion covers, laptop bags, basket hats. The main motive of the stall was to make the students understand how they can promote their handmade products effectively and earn money.





#### **BALMELA**

Balmela was organised by the Department of Human Development on the theme "Khel Khilone: Ek Safar - a journey from the past to the present". It was conducted as an outreach program at Lion M.P. Bhuta Sion Saravajanik High School on 16<sup>th</sup> February, 2023 which included different types of puppets shows, live creative activities, display of toys and items for sale. There were different types of creative activities and games organised for children. It included 2 puppet shows and live activities for 64 preschoolers and 167 pre-primary students. The students also conducted a workshop on the topic 'Self Presentation' titled 'Svayama Prastutikaran' for 173 8<sup>th</sup> and 9<sup>th</sup> Graders of Lion M.P. Bhuta Sion Saravajanik High School. Ms. Vagmee Shevde, Child Artist was invited as chief guest. On 17<sup>th</sup> February, 2023 Balmela was organised in the college campus. Various schools and teacher training institutes were invited. A total of 381 students and 190 adults attended the event. Master. Anish Patil, (Actor and Content Creator) was the chief guest.

#### **AKANKSHA**

"Akanksha" an intercollegiate fest on the theme "Azadi ka Amrit Mahotsav" was organised on 26<sup>th</sup> August, 2023. Chief Guest was Ms. Sanober Pardiwalla, a Bollywood Stunt Woman, and Guest of Honour was Ms. Ankita Dhokale, Marathi Theatre Artist and Alumnae. 10 events were organised. A total of 47 Colleges and 951 students across Mumbai participated.

#### Winners of Akanksha Fest 2022

Event	Name of the Participant	Name of the College	Prize
Just A Minute (JAM)	Ms. Shruti Mishra	Dr. BMN College	1 <sup>st</sup>
	Ms. Avani Sharma	Elphistone Jr College	2 <sup>nd</sup>
	Mr. Aditya Kandolkar	V.J. Vaze College	3 <sup>rd</sup>
Spin A Yarn (English)	Ms. Aafiya Fathima	Dr. BMN College	1 <sup>st</sup>
	Ms. Prachi Shedge	SSPG College of Nursing	2 <sup>nd</sup>
	Ms. Gauri Iyer	V.J. Vaze College	3 <sup>rd</sup>
Spin A Yarn (Hindi)	Ms. Jiya Ambedkar	Smt. HMN Junior College	1 <sup>st</sup>
	Ms. Hasti Nor	Smt. Mehta Women's Junior College	2 <sup>nd</sup>

	Ms. Chandani Gupta	SPN Doshi College	$3^{\rm rd}$
Tattoo Art	Ms. Riddhi Laha	NES Ratnam College of Arts, Science & Commerce	1 <sup>st</sup>
	Ms. Gaurangi Pradip Rajapurkar	Dr. BMN College	2 <sup>nd</sup>
	Ms. Hasti Anil Gala	Dr. BMN College	3 <sup>rd</sup>
	Ms. Tuba Khan	Dr. BMN College	Consolation
Coffee	Ms. Taneem Abuji	Dr. BMN College	1 <sup>st</sup>
Painting	Mr. Rohit Sachin Redekar	Vidyavardhini's College	2 <sup>nd</sup>
	Ms. Hooweda Idrisi	B.N. Bandodkar College	3 <sup>rd</sup>
	Ms. Dishita Chetan Vadhel	Dr. BMN College	Consolation
Fashion Show	Ms. Niyati Upadhyay, Ms. Aryaa Haldankar, Ms. Ashwini Alamalakala, Ms. Devopriya Pal, Mr. Aman Mansuri, Mr. Ghansyam Tiwari, Mr. Ankit Tiwari, Mr. Rishav Chaudhari, Ms. Harsha Rajpurohit, Mr. Praveen Mishra, Ms. Maaz Kotur, Mr. Aditya Munde	R.D & S.H National College	1 <sup>st</sup>
	Ms. Rida Khan, Ms. Virti Gosar, Ms. Shravani Hande, Ms. Tiya Jain, Ms. Sayli Lalit, Ms. Hrithika Magare, Ms. Nilofer Khan	Dr. BMN College	2 <sup>nd</sup>
	Ms. Aarti Kotla, Ms. Trisha Babala, Ms. Priyanka Gunjal, Ms. Uzma Deraiya, Ms. Samruddhi Matkar, Ms. Shreya Chanche, Ms. Yogita Deshmukh, Ms. Mangal Ragade, Ms. Sakshi Kandar, Mr. Omkar Netke, Mr. Yash Pawar & Mr. Jayesh Sawal	Smt. Shardaben Champaklal Nanavati Institute of Polytechnics	3 <sup>rd</sup>
	Mr. Prathamesh Mohite, Mr. Tanwar Abu Bakar, Ms. Akshta Moye, Ms. Bhargavi Ayre, Ms. Kausar Patwari, Mr. Anshul Sharma, Mr. Dhruv Thakur, Ms. Iltema Naqvi	DY Patil School of Hospitality & Tourism Study	Consolation

Street Play	Ms. Aakanksha Padwal, Ms. Janhavi Pednekar, Ms. Samreen Sayed, Ms. Prachee Gharat, Ms. Ekta Puribuva, Ms. Tanvi Ahir, Ms. Palakh Koyalkar, Ms. Kunika Sonkusare, Ms. Tanuja Pote	Dr. BMN College	1 <sup>st</sup>
	Ms. Shraddha Ahire, Ms. Vaibhavi Ahirrao, Ms. Guddi Polekar, Ms. Shravani Dandekar, Ms. Sravani Maharana, Ms. Monu Pawar, Ms. Dikshita Kontam, Ms. Vishakha Adhav, Mr. Narpat Lakhara, Mr. Yogesh Thakur, Mr. Vaibhav Sonavane, Mr. Sunil Tighule		2 <sup>nd</sup>
	Mr. Sameer Kamble, Mr. Rutuvraj More, Ms. Muskaan Qureshi, Ms. Farhin Ghanchi, Ms. Alfiya Tahsildar, Mr. Sahil Shaikh, Ms. Zaira Khan, Ms. Ayushi Sharma, Ms. Shifa Khan, Mr. Gokul Kochey, Ms. Kashish Pattekari Mr. Brijesh Shukla	Rizvi Law College, Bandra West	3 <sup>rd</sup>
	Mr. Jayesh Vishwakarma, Mr. Yash Mishra, Mr. Kaniya Jha, Ms. Pooja Choudhary, Ms. Kalash Shukla, Ms. Roshini Gupta, Mr. Shail Gupta, Ms. Pragya Singh, Mr. Ujjwal Mishra, Mr. Bikram Jana	Praladrai Dalmia Lions College	Consolation
Group Dance	Mr. Joshua Santos, Mr. Moin Chagan, Ms. Spoorthy Shetty, Ms. Krishma Gohil, Ms. Shruti Karbele, Ms. Shravani Talekar, Ms. Sheetal Singh, Mr. Akash Singh	R. D & S. H. National College And S. W. A. Science College	1 <sup>st</sup>
	Ms. Riya Khadke, Ms. Lazaree Dave, Ms. Sapna Salaskar, Mr. Raj Varma, Mr. Kundan Bagdi	Prahladrai Dalmia Lions College of Commerce & Economics	2 <sup>nd</sup>
	Ms. Urvashi Waghela, Ms. Sakshi Patil, Ms. Sanskruti Chinchvalkar, Ms. Dikshita Temkar, Ms. Siddhi Pukale, Ms. Ashwini Pawar, Ms. Bhairavi Bonde, Ms. Kirti Konka	Dr. BMN College	3 <sup>rd</sup>

	Mr. Sahil Kalebag, Ms. Rutuja Sapkal, Ms. Aryaa Gurav, Ms. Nidhi Shirke, Ms. Madhavi Gurav, Ms. Sakshi Wade, Ms. Ananya Shah, Ms. Purva Salekar	KET-S.V.G. VAZE College of Arts Science & Commerce	Consolation
Stand Up	Ms. Shreya Somnath Agawane	SSPG College of Nursing	1 <sup>st</sup>
Comedy	Ms. Saba Saleji	Dr. BMN College	2 <sup>nd</sup>
	Mr. Abhishek Tiwari	Vivekanand Education Society's College	3 <sup>rd</sup>
Treasure Hunt	Mr. Atharva Hatle, Mr. Swapnil Kshatri, Mr. Shivam Padval, Mr. Ishaan Jadhav, Mr. Rajat Tiware	Sheth NKTT College	1 <sup>st</sup>
Game Zone	Mr. Durvesh Chaudhari, Mr. Sahil Malusare, Mr. Rohit Tambe, Mr. Kundan	S.H. Jondhale Polytechnic	1 <sup>st</sup>

#### **TEKZONE – IT Techfest**

Smt. K.G. Shah Department of Computer Applications organised its 17<sup>th</sup> Intercollegiate Tech fest "Tekzone" on the theme 'Technophilia - show love for technology'. Mr. Kiran Komatla, Chief Technology Officer, Restaurant Brand Asia, was the Chief Guest for the occasion, and Mr. Gaurang Shetty, CEO/Chief Innovation Catalyst, RiiDL Somaiya Vidyavihar, was the Guest of Honor. Alumnae Ms. Kiran Mishra, Developer Mainframe L1.1, Wipro Technologies, and Ms. Nisha Umashankar, Associate Consultant, Capgemini, were felicitated as Young Achievers. 500 students from 54 colleges participated in the following 13 events:

- Box Cricket
- Tech Quiz

Chit Picker

- Web Designing
- Beat Boxing
- Working Model

Game

- E-Waste Collection
- Dance

- Digital Poster MakingMs. And Mr. Tekzone
- Treasure Hunt
- Blind Code

Box Cricket Tournament was organised for non-teaching staff and students (male and female category) on 9<sup>th</sup> and 10<sup>th</sup> January 2023. Through the E-Waste Collection Competition, e-waste amounting to 233 kgs was collected and handed over to NGO Stree Mukhti Sanghatana. The main sponsors for the fest were Rotary Club of Sion, Porwal Systems and Services and Alumni from the Department. Media partner Lokmat and Dainik Zunjar Kesari, Marathi regional newspapers covered the entire event. A detailed report about the Fest was also featured in <a href="https://www.satbaranewsexpress.in/newsdetails.aspx">www.satbaranewsexpress.in/newsdetails.aspx</a>

#### **ACTIVITIES FOR THE YEAR 2022-2023**

#### **GANDHIAN STUDIES CENTRE**

Theme for the year: "Unity in Diversity"

**Members**: Ms. Manjot Kaur (In-charge), Ms. Vidya Subramaniam, Ms. Salethmary Austin, Ms. Fatema Fanuswala and Ms. Manali Chavan

Date	Details
07.07.2022	The orientation of the UGC recognized Gandhian Studies Centre was conducted for 124 FYBCA students.
10.08.2022 - 15.08.2022	Organised two intercollegiate events celebrating Azadi ka Amrit Mahotsav: Digital Poster Making competition and Reel Making competitions. The judges for the events were Mr. Pradeep Parulekar and Mr. Anthony Pereira (Creative Director, Wavemaker, Mumbai) respectively 35 students participated.
18.08.2022	The orientation of the UGC-recognized Gandhian Studies Centre was conducted for 70 FYBSc students.
06.09.2022	Screening of the movie "Lage Raho Munnabhai" was done for 80 TYBCA students.
29.09.2022	Gandhi Jayanti week celebrations. The following activities were conducted: FYBSc students conducted storytelling activities on Gandhiji's 3 monkeys and learned Gandhian values for small children from Prangan Experimental Nursery and Twinkling Angels School at the Gandhi Smruti Ashram on the 8 <sup>th</sup> floor. 30 students attended.
01.10.2022	Student volunteers, along with committee members, offered homage to Shri.  Mahatma Gandhi at Gandhi Smruti Ashram and performed a skit on Gandhian values. 25 students participated.
02.10.2022	To commemorate the birth anniversary of Mahatma Gandhi, an online intercollegiate quiz was organised. 400 students participated.
03.10.2022	<ul> <li>BSc. Nursing and ANM Nursing students visited the Gandhi Smruti Ashram. The following competitions were conducted:</li> <li>Talent Exhibition of Innovative Ideas to create a futuristic &amp; sustainable world of dreams – following Gandhiji's</li> <li>Write a letter on postcard to Mahatma Gandhi telling him about today's world.</li> </ul>

04.10.2022	<ul> <li>SYJC students visited the Gandhian Studies Center on the occasion of the birth anniversary of Mahatma Gandhi. The following activities were conducted for 120 students:</li> <li>Mr. Ishwar Avhad gave a speech on Gandhian thoughts.</li> <li>Mrs. Ahilya Mali read an article on Gandhiji's views on food habits.</li> <li>Students sang Gandhiji's bhajan 'Vaishnav Janato'.</li> <li>Ms. Jiya Ambekar, a student of SYJC shared her thoughts and views on Gandhiji's preaching.</li> </ul>			
23.11.2022 &	Organised a workshop on "Diversity & Acceptance" conducted by Mr. Jignesh			
04.11.2022	Sanghvi (Director - Divine Living Institute) for 60 SYBCA students.			
02.02.2023	A visit to the Gandhian Studies Center was organised for 80 FYJC students. Ms. Trishna Vivek and Ms. Bahar Gupta sang bhajans on Gandhiji. Ms. Zarah Ghavte gave a speech on the Life of Gandhiji.			
17.02.2023	24 FYBSc students visited Mani Bhavan Gandhi Sangrahalaya, Gamdevi, to provide them with information on Mahatma Gandhi's life. A Charkha demonstration was conducted for the students by the staff of the museum. Ms. Manali Chavan, Faculty and Ms. Kevali Sanghvi, intern, accompanied the students on the visit.			
14.03.2023 & 24.03.2023	Exam on Gandhiji's Autobiography – "My Experiments with Truth" in collaboration with Mumbai Sarvodaya Mandal was conducted for 62 SYBSc students and for 130 FYBCA students.			

## Prize winners for Intercollegiate events celebrating Azadi ka Amrit Mahotsav

Event	Prize	Name of the students	
Digital Poster Making	1 <sup>st</sup>	Ms. Diksha Mali – Smt. K.G Shah Department of Mass Media & Management Studies	
	2 <sup>nd</sup>	Ms. Gargi Narvekar – Smt. K.G Shah Department of Mass Media & Management Studies	
Reels Making	1 <sup>st</sup>	Ms. Tanishq Verma – Dr. BMN College of Home Science	
	2 <sup>nd</sup>	Ms. Palakh Koyalkar – Dr. BMN College of Home Science	

#### **CULTURAL COMMITTEE**

Committee Members: Ms. Rikisha Maniyat (In-charge till December 2022), Ms. Neetu Singhi (In-charge), Ms. Bijal Dedhia (till September 2022), Ms. Ahilya Mali, Ms. Priya Shah, Ms. Madhura Ghaisas, Ms. Sonu Mishra, Ms. Dipti Desai, Ms. Amita Chheda, Mrs. Monika Mhatre, Ms. Nalini Parab, Mr. Shravan Kamble, Ms. Pranali Kadam and Ms. Arundhati Lahiri

Date	Details			
06.06.2022	7 students from theatre team presented a play on Shivrajyaabhishek on the occasion			
	of Shivswarajya Din. The video was uploaded on youtube <a href="https://www.youtube.">https://www.youtube.</a>			
	com/watch?v=Qc-vXiJaSEs			
08.07.2022	Conducted Cultural Committee orientation for 86 FYBCA students.			
28.07.2022	Organised inhouse Essay writing & Self-composed Poetry writing & recitation			
	competition in collaboration with English Literary Association under Azadi ka			
	Amrit Mahotsav with the theme 'Celebrating Empowerment'. 2 students			
	participated in poetry writing and 17 students participated in essay writing			
	competition. Winners for essay writing were: 1 <sup>st</sup> prize - Ms. Tulsi Panda (TYBCA			
	I) and 2 <sup>nd</sup> prize - Ms. Jassica More (FYBCA II).			
30.07.2022	Organised a staff picnic to Alvis Village, Karjat. 46 members participated (41			
	staff, 1 retired staff & 4 children).			
02.08.2022	Conducted Cultural Committee orientation for FYBSc students. 65 students			
	attended.			
03.08.2022	Organised Poster-making Competition under Azadi ka Amrit Mahotsav with the			
	theme "Celebrating Empowerment". 35 students participated. Winners were as			
	follows: 1 <sup>st</sup> prize - Ms. Shreya Chanche (SY Applied Arts)			
	2 <sup>nd</sup> prize - Ms. Gargi K. Joshi (SYBSc)			
	3 <sup>rd</sup> prize - Ms. Fatima Chaudhary (SY Fashion Designing)			
	Consolation - Ms. Nisarga Rao (TYBCA I)			
06.08.2022	BCA Freshers' meet. Students participated in Freshers' Queen contest, dance,			
	singing & street play. Judges for Freshers' Queen contest were Dr. Lakshmi Menon			
	(Asst. Prof, MSc Dept), Ms. Honey Thakkar (Asst. Prof., HD Dept) and Mr.			
	Ravichandra Nadar (Admin Staff). 14 FYBCA students participated in the Freshers'			
	Queen contest.			
12.08.2022	Essay writing and Poetry writing competition (Marathi, Hindi, English) under Azadi			
	ka Amrit Mahotsav with the theme "75th year of Freedom - Challenges and			
	Opportunities". 3 students participated.			
12.08.2022	Rangoli competition under Azadi ka Amrit Mahotsav with the theme "75 years of			
	Azadi ka Amrit Mahotsav". 6 students participated. Winners were:			
	1 <sup>st</sup> Prize - Ms. Akshata Kadam (TYTSAD)			
	2 <sup>nd</sup> Prize - Ms. Pratiksha Bendre (MSc CND)			

15.08.2022	Har Ghar Tiranga campaign was held and stakeholders were asked to share selfies.			
17.08.2022				
17.00.2022	Winners were:			
	1 <sup>st</sup> prize - Ms. Mahez Siddiqui (FYBSc)			
	2 <sup>nd</sup> prize - Ms. Sabeen Khan Fatima (FY Fashion Designing)			
	3 <sup>rd</sup> prize - Ms. Rahi Mastekar (FYBCA I)			
18.08.2022	Organised Elocution competition (Marathi, Hindi, English) in collaboration with			
10.00.2022	English Literary Association on topics such as 'India of my Dreams', 'Role of			
	Women in India's Independence - Opportunities & Challenges'. 11 students for			
	English language, 2 students for Marathi language and 1 student for Hindi language			
	participated. Winners for Marathi Elocution was Ms. Tanisha Govekar (FYBSc).			
	The winners for English elocution competition were:			
	1st prize - Ms. Aafiya Fathima (SYND)			
	2 <sup>nd</sup> prize - Ms. Huda Khan and Ms. Vaishnavi Krishna (FYBSc)			
	3 <sup>rd</sup> prize - Ms. Vidhee Kamble (FYBCA II)			
22.08.2022	Organised Collage Competition on the theme "Celebration of 75 years of India's			
22.00.2022	Independence". 14 students participated. Winners were as follows:			
	1 <sup>st</sup> prize - Ms. Simran Mahadik (FYBSc)			
	2 <sup>nd</sup> prize - Ms. Rahi Mastekar (FYBCA I)			
23.09.2022 -	21 students participated in Yuva Mahotsav Intercollegiate Competition at SNDT			
24.09.2022	Churchgate. The category of events were Theatre events (One Act Play, Skit, Mime,			
21.09.2022	Mimicry and Street Play), Classical Dance and Folk Dance.			
30.09.2022 -	24 students participated at Yuva Mahotsav Intercollegiate Competition at SNDT			
01.10.2022	Pune. Fine Arts - Rangoli, Collage, Cartooning, Spot Photography, Poster Painting,			
	On The Spot Painting. Literary - Essay Writing (Marathi), Essay Writing (English),			
	Poetry (English), Poetry (Hindi), Quiz, Debate (English). Music - Group Song			
	(Indian), Group Song (Western), Light Vocal (Indian), Western Vocal (Solo).			
04.10.2022	Organised Garba and Dandiya event for all students and staff. Approximately 50			
	students and 10 staff participated in the event.			
17.12.2022	Organised students picnic to Wet & Joy Waterpark, Lonavala. 149 students and 11			
17712022	teachers participated.			
10.01.2023	Preliminary Round 1 (General Knowledge) of the Personality Contest was			
	conducted. 51 students participated and 30 students were selected for the physical			
	fitness round. Ms. Dolly Jain (MSc CND I) was the winner of the GK round.			
11.01.2023	Preliminary Round 2 (Physical Fitness) of the Personality Contest was conducted.			
	30 students participated. Ms. Samrin Shaikh (FYJC) was the winner of the			
	Physical Fitness round.			
16.01.2023	Preliminary Round 3 (Personal Interview) of the Personality Contest 2022-2023 was			
10.01.2020	conducted. 21 students participated. 12 students were selected for the Final Round.			
	Ms. Janita James (TYBCA I) was the winner of the Personal Interview round.			
	1.25. value values (1.150111) was the willier of the Lorsonal metalew found.			

30.01.2023	Annual Day and Personality Contest, Group Dance and Solo Singing were			
	performed in the event.			
01.03.2023 -	Ms. Aafiya Fathima (SYND) Qualified in Top 10 and Ms. Palakh Koyalkar			
03.03.2023	(SYBCA II) - Qualified in Top 20 in the Tejaswini Contest organised by			
	SNDTWU.			
25.02.2023-	On the occasion of "Marathi Gaurav Diwas" in collaboration with Dept. of			
28.02.2023	Foundation Courses organised the following activities:			
	25.02.2023 - Marathi Book Reading. 22 students from SYFSN and FYBSc			
	participated in the activity.			
	27.02.2023 - Students from BSc and BCA departments and Staff members wrote			
	Marathi poems of poet Kusumagraj and the poems were displayed on the college			
	notice board during the week.			
	28.02.2023 - An online Marathi poem reading session and discussion was conducted			
	for the students of FYBSc. Dr. Padmaja Kulkarni (HOD, Marathi Department, G.N.			
	Khalsa College, Matunga, Mumbai) was invited as a guest to conduct the session.			
	4.03.2023 - 9 students from FYBSc performed and presented the Importance of			
	Marathi language through a Skit "Marathi: Ek Saaz" during Marathi Bhasha Week.			
16.03.2023	Farewell function was organised for MSc students (MSc CND, MSc RM [THM],			
	PGDSSFN and PGDECE) The theme for the programme was "Masquerade".			
21.03.2023	Farewell function was organised for TYBSc students. The theme for the			
	programme was "Shades of Pastel".			
25.04.2023	Farewell function was organised for TYBCA students. The theme for the			
	programme was "Disco Party".			

#### **SPORTS COMMITTEE**

**Committee Members**: Ms. Paulomi Desai (Incharge), Ms. Shilpa Surulkar, Ms. Bhavisha Sancheti, Ms. Dipali Rele, Ms. Dipali Kalamkar (Sports Teacher), Ms. Priyanka Vinjale (Gym Instructor) Mr. Sangram Singh

Date	Details		
April- June	Series of Yoga Sessions were conducted for students leading to International Day		
2022	of Yoga 2022, by Ms. Dipali Kalamkar, Sports Teacher. 465 students from Junior		
	and Senior college benefited from 15 different Yoga sessions.		
July 2022	NSS Unit in collaboration with the Sports Committee has organised a self-defence		
	training workshop for 5 sessions per student. 450 students of SY and TY attended.		
21.06.2022	RUSA Sponsored Yoga Workshop was organised in collaboration with NSS unit		
	and the District Sports Office, Government of Maharashtra by Ms. Riddhi Trivedi,		
	Yoga Instructor, Yogaanse on the occasion of International Yoga Day for Teaching		
	Staff. 39 Faculty attended the session.		

21.06.2022 Y	Yoga Workshop was organised in collaboration with NSS unit and the District				
S	Sports Office, Government of Maharashtra by Ms. Santoshi Bej, Alumna, Dr. BMN				
C	College of Home Science for Non-Teaching Staff on the occasion of International				
Y	Yoga Day. 18 Non-Teaching Staff attended the session.				
21.06.2022 Y	Yoga Competition was organised by the Sports Committee and NSS Unit in				
c	collaboration with the District Sports Office, Government of Maharashtra on the				
О	occasion of International Yoga Day. 84 students participated in the competition.  One week Nirbhaya Squad (self-defence) training was organised in collaboration.				
04.07.2022 - 0	One week Nirbhaya Squad (self-defence) training was organised in collaboration				
08.07.2022 v	with NSS Unit for SYBSc and TYBSc students, conducted by Mr. Mahesh Navale.				
2	222 students benefited.				
07.07.2022 N	Ms. Paulomi Desai, in charge of the Sports Committee and Ms. Dipali Kalamkar -				
S	Sports Teacher attended the Annual Sports Meeting and Prize Distribution Program				
fe	For winners of University and National level competitions for the year 2019-2020				
8	& 2020-2021 at SNDTWU, Churchgate. Chatrapati Shivaji Krida Puruskar winners				
v	were felicitated.				
09.07.2022 6	58 TYBCA and TYBSc students and 6 staff members participated in the one-day				
n	nonsoon trek to Bhivpuri waterfalls.				
21.07.2022 A	A monsoon trek to Karjat-Sondai waterfalls was organised by the Physical				
E	Education Department of SNDT Women's University, Mumbai. 19 SYBCA and				
S	SYBSc students participated.				
29.07.2022 N	NSS Unit and Sports Committee organised a session of "Women Safety" for				
S	students by chief guest Mrs. Neeta Phadke, Assistant Commissioner of Police,				
N	Matunga Police Station. The guest of honor was Mrs. Anita Salunke, Assistant				
P	Police Inspector and Nirbhaya Squad in-charge. 320 students participated.				
02.08.2022 to N	Ms. Mrinal Mahajan and Ms. Sayli Lalit from SYBSc attended the 3-day Sports				
04.08.2022 L	Leadership Training Camp at Kushtarog Nivaran Samiti Shantiwan, Neral - Panvel				
0	organised by the SNDT Women's University, Physical Education Department.				
04.08.2022 S	Sports Induction Program was conducted for FYBSc students.				
14.08.2022 7	750 students and staff participated in SNDTWU Minithon Road Race - "RUN FOR				
E	EMPOWERMENT" organised by the NSS & Physical Education & Sports				
Γ	Department, SNDTWU, under "Azadi Ka Amrut Mahotsav" at Juhu Campus.				
Т	Γeaching & Non-teaching staff from Mumbai College participated in the marathon.				
3	39 students & 4 staff members of Dr. BMN College of Home Science participated				
iı	n the 5km & 3 km run respectively. The following staff members won the prizes:				
F	Female staff - 1 <sup>st</sup> prize - Ms. Dipali Kalamkar (Sports Teacher)				
	2 <sup>nd</sup> prize Ms. Priyanka Vinjale (Gym Instructor)				
N	Male staff - 1 <sup>st</sup> prize - Mr. Sangram Singh (Faculty BCA)				
	2 <sup>nd</sup> prize - Mr. Zahir Siddiqui (Faculty BSc)				

29.08.2022	National Sports Day celebrations were organised by the Sports Committee.			
	• Sports Students Volunteers, Ms. Fiona Sampat - SYMSc CND, Ms. Ashv			
	- SYMSc CND & Ms. Sakshi Salvi - SYBCA II, presented a PPT on the			
	information about the various sports awards in our country, great sports			
	personalities of our country and benefits of sports to 78 senior college students			
	and 121 junior college students			
	Screened the Maha Mumbai Kabbadi League finals for the students.			
30.08.2022	Screening of movie - PANGA, based on Kabaddi sport was shown to students on			
	account of National Sports Day.			
04.12.2022 to	Poster Making session was conducted by Mrs. Nalini Parab, Faculty, Department of			
08.12.2022	Applied Arts for 12 interested students.			
	An in-house Poster Making competition on the theme: "Women in Sports" was			
09.12. 2022	organised. 1 <sup>st</sup> prize: Ms. Sakshi Shinde (FYBCA I), 2 <sup>nd</sup> prize: Ms. Khushi Raval			
	(FYBCA II)			
	7 students participated in the Sr. Inter-collegiate Poster Making competition			
15.12.2022	organised by the National Commission of Women in collaboration with Bhartiya			
13.12.2022	Stri Shakti Mumbai and Department of Physical Education and Sports, SNDT			
	Women's University.			
	Ms. Dipali Kalamkar with 31 students attended the one-day National Seminar			
15.12.2022	Women in Sports organised by National Commission for Women & Bhartiya Stree			
	Shakti in collaboration with S.N.D.T. Women's University, Mumbai			
05.01.2023 -	Annual Sports Festival 2022-2023 organised with indoor and outdoor sports games			
07.01.2023	for junior and senior college students, staff and non-teaching staff members			
	followed by various sports events for students and staff. Demonstrations for Yoga,			
	followed by various sports events for students and staff. Demonstrations for Yoga, Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh			
	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh			
	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach			
	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach The following were given Awards:			
	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach The following were given Awards:  Best Class Award: FYJC (Jr. College) and FYBCA (Sr. College)  Star Player of the Year: Ms. Eshwari Ayekar (FYJC, Jr. College) and Ms. Vandana Saroj (Beauty Culture, Sr. College)			
06.02.2023 -	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach The following were given Awards:  Best Class Award: FYJC (Jr. College) and FYBCA (Sr. College)  Star Player of the Year: Ms. Eshwari Ayekar (FYJC, Jr. College) and			
06.02.2023 - 12.02.2023	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach The following were given Awards:  Best Class Award: FYJC (Jr. College) and FYBCA (Sr. College)  Star Player of the Year: Ms. Eshwari Ayekar (FYJC, Jr. College) and Ms. Vandana Saroj (Beauty Culture, Sr. College)			
	Dumbbells and Karate were performed by students. Chief Guest - Mr. Hrishikesh Chavan, Professional Chess Coach The following were given Awards: Best Class Award: FYJC (Jr. College) and FYBCA (Sr. College) Star Player of the Year: Ms. Eshwari Ayekar (FYJC, Jr. College) and Ms. Vandana Saroj (Beauty Culture, Sr. College) Ms. Aditi Yadav (FYMSc CS), Ms. Niyati Arora (SYRM) and Ms. Komal Patra			

### Winners of Yoga Competition

Prize	Name of the students	Prize	Name of the students
	Junior College		Senior College
1 <sup>st</sup>	Ms. Gouri Mishra (SYJC)	1 <sup>st</sup>	Ms. Ishwari Jadhav (SYND)
$2^{\text{nd}}$	Ms. D. Keertika (SYJC)	2 <sup>nd</sup>	Ms. Sayli Lalit (SYBSc)
3 <sup>rd</sup>	Ms. Dhanashree Badad (SYJC)	3 <sup>rd</sup>	Ms. Revati Prajapati (SYND)

# Winners of Annual Sports Festival organised from 5<sup>th</sup> to 7<sup>th</sup> January, 2023

Event	Prize	Name of the Student		
Skipping	1 <sup>st</sup>	Ms. Samruddhi Matkar (Applied Arts)		
	2 <sup>nd</sup>	Ms. Kshitija Shinde (SYFSN)		
	3 <sup>rd</sup>	Ms. Surbhi Dubey (FYBCA II)		
ShotPut	1 <sup>st</sup>	Ms. Mrinal Mahajan (SYFSN)		
	2 <sup>nd</sup>	Ms. Samruddhi Matkar (Applied Arts)		
	3 <sup>rd</sup>	Ms. Heena Khan (FYBSc)		
Carrom	1 <sup>st</sup>	Ms. Simran Vichare (MSc CND II)		
Singles	2 <sup>nd</sup>	Ms. Fiona Sampat (MSc CND II)		
	3 <sup>rd</sup>	Ms. Shreya Zemse (MSc CND II)		
Langadi	1 <sup>st</sup> Ms. Sakshi Theek, Ms. Krupa Patekar, Ms. Shrawas			
		Vanshita Sakpal, Ms. Aditi Govekar, Ms. Gayatri Sukhe (FYBCA I)		
	2 <sup>nd</sup>	Ms. Bhavika Pawaskar, Ms. Mubashara Inamdar, Ms. Shivani Dalvi,		
		Ms. Dharini Dubey, Ms. Babita Upadhyay, Ms. Mamta Thakur (TYRM)		
	3 <sup>rd</sup>	Ms. Vandana Saroj, Ms. Swathi Yator, Ms. Apurva Bait, Ms. Chanchal		
		Nagar, Ms. Sanchi Mayekar, Ms. Bindu Vishwakarma (Beauty Culture)		
100 M Run	1 <sup>st</sup>	Ms. Aakanksha Rale (TYND)		
	2 <sup>nd</sup>	Ms. Vandana Saroj (Beauty Culture)		
	3 <sup>rd</sup>	Ms. Sakshi Theek (FYBCA I)		
4 X 100	1 <sup>st</sup>	Ms. Kainat Siddiqui, Ms. Krupa Patekar, Ms. Shrawasti Tilak, Ms.		
Relay		Sakshi Theek (FY-SYBCA)		
	2 <sup>nd</sup>	Ms. Anam Qureshi, Ms. Fiona Sampat, Ms. Iqra Sayyed, Ms. Muskan		
		Merchant (MSc CND II)		
	$3^{\rm rd}$	Ms. Vandana Saroj, Ms. Apurva Bait, Ms. Chanchal Nagar, Ms. Sanchi		
		Mayekar (Beauty Culture)		
Standing	1 <sup>st</sup>	Ms. Vandana Saroj (Beauty Culture)		
Broad	$2^{\text{nd}}$	Ms. Krupa Patekar (FYBCA I)		
Jump	3 <sup>rd</sup>	Ms. Mansi Pate (FYBCA I)		

Tug of War	1 <sup>st</sup>	Ms. Thirti Anchan, Ms. Kainat Siddiqui, Ms. Siddhi Gurav, Ms. Saloni		
		Tarnekar, Ms. Harshada Parab, Ms. Aishwarya Senaiyar, Ms. Mahek		
		Multalwad, Ms. Devika Desai (SYBCA)		
	2 <sup>nd</sup>	Ms. Aksha Shaikh, Ms. Heena Khan, Ms. Sanchi Mayekar, Ms. Sanika		
		Shirke, Ms. Milonni Shavdia, Ms. Nikita Jadhav, Ms. Riya Nishad, Ms.		
		Huda Khan, Ms. Vaishnavi Thakur (FYBSc)		

### **Faculty Winners:**

Event	Prize	Name of the Participant
Carrom Singles - Male	1 <sup>st</sup>	Mr. Sanjay Lolum (Non- Teaching Staff)
	2 <sup>nd</sup>	Mr. Sunil Pujari (Non- Teaching Staff)
Carrom Singles - Female	1 <sup>st</sup>	Ms. Chitra D'souza (Non- Teaching Staff)
	2 <sup>nd</sup>	Ms. Ahilya Mali (Jr. College)
Shot Put - Male	1 <sup>st</sup>	Mr. Sangram Singh (BCA)
	2 <sup>nd</sup>	Mr. Sunil Pujari (Non- Teaching Staff)
	3 <sup>rd</sup>	Mr. Subhash Chavan (Non- Teaching Staff)
Shot Put - Female	1 <sup>st</sup>	Ms. Chitra D'souza (Non- Teaching Staff)
	2 <sup>nd</sup>	Ms. Anjali Patel (BSc)
	3 <sup>rd</sup>	Dr. Rupali Sengupta (MSc CND)
5 min walk - above 40	1 <sup>st</sup>	Mr. Shahjahan Khan (BCA)
	2 <sup>nd</sup>	Ms. Sharadha Sirisilla (BCA)
	3 <sup>rd</sup>	Dr. Rupali Sengupta (MSc CND)
5 Min walk - 35-40 years	1 <sup>st</sup>	Mr. Nitin Pawar (BCA)
	2 <sup>nd</sup>	Dr. Lakshmi Menon (MSc CND)
5 min walk - below 35	1 <sup>st</sup>	Mr. Sangram Singh (BCA)
	2 <sup>nd</sup>	Mr. Zahir Siddiqui (BSc)
	3 <sup>rd</sup>	Ms. Anjali Patel (BSc)
100 meters race	1 <sup>st</sup>	Ms. Neetu Singhi (BCA)
	2 <sup>nd</sup>	Ms. Manali Chavan (BSc)
Musical Chair	1 <sup>st</sup>	Ms. Cindrella D'costa (BCA)
	1 <sup>st</sup>	Mr. Pravin Chalke (Non- Teaching Staff)
Tug of War	1 <sup>st</sup>	Dr. Rupali Sengupta and Team
Passing the Ball	1 <sup>st</sup>	Mr. Zahir Siddiqui & Team

### NATIONAL SERVICE SCHEME (N.S.S.)

**N.S.S. Program Officers:** Mrs. Sharada Sirisilla (In-charge), Ms. Milina Pereira, Dr. Harsha Chopra, and Ms. Honey Thakkar

Date	Event
13.07.2022	Ms. Sharada Sirisilla conducted NSS induction for FYBCA students.
11.07.2022	Session on "Awareness of Hepatitis B Vaccination" by Mr. Rakesh Gamare,
	Coordinator - Community Investment, United Way, Mumbai.
23.07.2022	Celebrated "Van Mahotsav" by cleaning BMN Kata (college garden). Students
	reused household plasticware to make planters. New plants were planted in them.
30.07.2022 -	18 NSS students sold 100 rakhis made by intellectually disabled children of Jagruti
10.08.2022	Palak Sanstha, Thane.
01.08.2022	Workshop on "Street Play" by Mr. Santosh Panigrahi, Trustee, Ashadeep Association
	and Head of Community Work Cell at Aseema Charitable Trust for 115 NSS
	volunteers.
02.08.2022 -	Ms. Sayli Lalit (SYBSc) attended a 3 day Leadership Camp at Panvel organised by
04.08.2022	SNDTWU.
03.08.2022	Session on "Importance of Breastfeeding" by Ms. Reshma Sidhaye, Lactation
	Consultant, Member, Breastfeeding Promotion Network of India (BPNI
	Maharashtra) for 72 TYBSc students.
04.08.2022	Posters on "Importance of Breastfeeding" were prepared and displayed near the
	college entrance.
10.08.2022	Poster Competition as an event celebrating "Azadi Ka Amrut Mahotsav" by Mr.
	Shravan Prabhakar Kamble, Assistant Lecturer, Applied Arts Department, SCNI of
	Polytechnic. 11 students participated.
12.08.2022	33 NSS Volunteers took oath on the occasion of "Anti-Drug Campaign and Drug
	Free Society".
13.08.2022	Rally on account of "Azadi ka Amrut Mahotsav" from the college via Maheshwari
	Udhyan and from Bhandarkar Road till Matunga Railway Station. 135 participants
	comprising students and staff walked in the Rally.
16.08.2022 to	Flag collection drive – collected flags from college premises and surrounding
20.08.2022	vicinity of the student's residential area.
17.08.2022	Participated in "Samuha Rashtra Geet Gayan" by organizing a common bell to sing
	Rashtrageet together in the entire college. NSS volunteers and Student Council
	members participated in the same in the foyer near the college entrance.
17.08.2022	NSS induction for 67 FYBSc students.
20.08.2022	Screening of a documentary on "Autobiography of Rajiv Gandhi" on account of
	"Sadhbhavna Diwas" for NSS volunteers.

20.08.2022	53 NSS Volunteers participated in Beach Clean up drive at Bandra Beach.
23.08.2022	Session on "Awareness of Hepatitis B" by Dr. Jinal Trivedi, Sion Hospital. The
	event was organised in collaboration with Rotary Club of Bombay Upotwn. 119
	students attended.
25.08.2022	Session on "Sustainable Menstruation" by Ms. Nehali Jain, Financial Claim Advisor
	and Manager of the Sustainable Menstruation Wing of MUSE Foundation was
	organised in collaboration with Environment Sensitization Committee and MUSE
	Foundation. 124 students and 4 faculties attended the session.
24.09.2022	Session on "How to be a Successful NSS Volunteer" for 83 NSS volunteers by Ms.
	Mahima Kharat (Alumni 2020-2021) Teacher, at Avalon Heights International
	School.
27.09.2022	Session on "Animal Welfare" for 62 NSS volunteers by Mr. Pranav Trivedi, Hon.
	Animal Welfare Officer, President, Citizen for Animal Protection Foundation.
28.09.2022	NSS Unit in collaboration with Eco Club conducted a session on "Marine Pollution"
	by Mr. Tushar Warange from NGO-United Way for 58 NSS volunteers.
29.09.2022	Quiz about NSS was organised. 74 NSS volunteers participated.
22.09.2022	Ms. Kainat Siddiqui from SYBCA got selected at SNDTWU for Pre-RD Parade.
	Hepatitis B Vaccination drive was organised in collaboration with Rotary Club of
22.11.2022	Bombay Uptown in Dr. BMN College of Home-Science. 70 students (FY, SY and TY
	BSc and BCA) and 3 teachers were vaccinated in this drive.
26.11.2022	To mark the Celebration of Constitution Day, Posters created by students were
	displayed to spread awareness. NSS students read the preamble on constitution day.
04.12.2022	14 NSS Volunteers participated in the Yeoor Forest clean-up drive in collaboration
0 111212022	with MUSE Foundation.
	Aids Awareness week was observed. Following activities were conducted:
	• 1 <sup>st</sup> December - Red ribbons were distributed by the NSS volunteers to 170 people
	including staff, and students in the college. They also distributed red ribbons to
	spread awareness in their families and society
	• 2 <sup>nd</sup> December - organised a talk on 'AIDS Awareness' by Mr. Umesh Ghuge
01.12.2022 -	(NACO) for NSS Volunteers. The Poster competition was organised on Aids
07.12.2022	Awareness on the theme 'Equalise'.
	• 3 <sup>rd</sup> December - A workshop was organised for NSS Volunteers for street play on
	Aids Awareness by Mr. Jagdish Makwana.
	• 5 <sup>th</sup> December - posters were displayed to spread awareness.
	• 6 <sup>th</sup> December - A human chain was formed by staff and students of the college by
	wearing red-coloured clothes in the form of an AIDS awareness symbol. This was

	to depict people coming together and fighting against myths about AIDS and spreading awareness.
	• 7 <sup>th</sup> December - Play on Aids Awareness was conducted by NSS volunteers for the
	<ul> <li>Sparsh Foundation community residents at their MHADA colony centre.</li> <li>8<sup>th</sup> December - Street Play on Aids Awareness was conducted by NSS volunteers</li> </ul>
	in the foyer of the College.
09.12.2022	NSS Volunteers participated in '#CybersafeMumbai Abhiyan' organised by Central
03.12.2022	Region, Cyber Police Station, Mumbai, Maharashtra.
	Rational Thinking Cell in collaboration with NSS Unit organised a session on
10.12.2022	"Scientific Thinking Against Superstitions" by Ms. Vandana Shinde, President,
	Thane City Branch, Maharashtra, Andhashraddha Nirmulan Samiti.
	51 NSS volunteers and students of Gender Champion participated in the Human
	Rights Rally, a campaign to promote Human Rights to dignity and safety, Men
	Against Violence and Abuse - MAVA from the college to Dadar via Maheshwari
	Udyan.
	Session on "Public Awareness to Prevent Sexual Abuse of Women & Children" by
14.01.2023	Ms. Aparna Joshi, Sr. Police Inspector, Crime Branch, Mumbai and Dr. D. S. Swamy,
	Deputy Commissioner of Police Mumbai.
	Session on "Voters Awareness Program" on account of Voters Day was organised in
24.01.2023	collaboration with MUSE Foundation by Mr. Chaitanya Prabhu, Founder, Mark Your
	Presence.
	30 students attended "National Voters Day Program" at Patkar Hall Churchgate
25.01.2023	Campus, SNDTWU in collaboration with the Chief Election Office, Maharashtra
	State Collector Office, Mumbai.
	6 FYBCA students were felicitated by Thane Railway Deputy Commissioner for
12.02.2023	assisting NGO Muse Foundation in Thane Railway Station Clean up drive as part of
	Swachh Bharat Abhiyaan.
	Celebrated NSS Annual Day. SRD representative Ms. Kainat Siddiqui and Best NSS
	Volunteer of the Year Ms. Riddhi Chavan (SYBCA) received awards from chief guest
25.02.2023	Mr. Pranav Trivedi, Hon. Animal Officer, and President, Citizens for Animal
	Protection Foundation, for their outstanding performance. 100 NSS volunteers
	participated in the celebration.
02.03.2023	Organised Blood Donation Camp in collaboration with Lions Club of Sion and LTMG
	Hospital Sion. 47 donors donated blood during the camp.

#### **NSS SPECIAL CAMP REPORT**

#### THEME 'INCLUSION'

NSS residential camp was organised from 24<sup>th</sup> December to 30th December 2022. The theme was 'Inclusion'. The Special Camp was organised in collaboration with Aseema Charitable Trust along with Kherwadi Municipal School. Every day began with a prayer, and delegation of duties for various groups to cook, clean and manage the camp duties. The camp also had "Yoga for a Healthy You" sessions by Ms.Supriya Magar, a student of M.Sc CND-Part I, Department of Post Graduate Studies.

Date	Activities
24.12. 2022	Inauguration by Chief Guest – Ms. Jayashree Parab, Karm India NGO.
Saturday	Workshop on "Self-Sustenance: Paper Bag Making" by Ms. Priya Shah,
Day 1	Lecturer, Smt. SCNI of Polytechnic for NSS Volunteers.
	Selection of street play topic and discussion for the same and Cross-culture
	Awareness: Visit to Don Bosco Church.
25.12.2022	Workshop on "Self-Sustenance-: Fabric Painting Upcycling of Waste Fabric" by
Sunday	Ms. Bijal Dedhia, Assistant Professor, Dr. B.M.N. College of Home Science
Day 2	Preparing script and practising street play and Learning Different Language
26.12.2022	Workshop on "Self-Sustenance: Paper Bag Making and Fabric Painting
Monday	upcycling of Waste Fabric" by NSS Volunteers for community people
Day 3	(Kherwadi, Khar East).
	Session on Nutrition counselling for parents and adolescents in community.
	Preparing posters for Street plays and practice and Cross-culture Awareness:
	Visit to Gurudwara.
27.12. 2022	Street Play was performed highlighting social issues like Inclusion and Cyber
Tuesday	Safety in 6 communities from Bandra to Santacruz areas (Gazdar Park, Santacruz
Day 4	West, Gazdar Bandh, Potohar Nagar, Santacruz West, Nargis Dutt Nagar, Bandra
	Reclamation).
	Cross-culture Awareness: Parsi Colony ("The Role of Community and Culture
	in the Lives of Youth: A Positive Youth Development Informational Session" by
	Ms. Gulnaaz Engineer, Assistant Professor, Department of Human Development,
	Dr. B.M.N. College of Home Science).
	Preparation of Teaching Aids for the community, Presentation Skills (verbal -
	nonverbal communication skills, making and presenting ppt) and Cross-cultural
	exchange - My artefact my story.
28.12.2022	Visit to Maharashtra Nature Park.

Wednesday	"Nutrition and Reproductive Health" by Ms. Paulomi Nair, Lecturer, Smt. SCNI
Day 5	of Polytechnic and Cleanliness drive - BMN katta and Preparation of Teaching
	Aids.
29.12. 2022	Teaching Aids demonstrations in the community.
Thursday	Teaching 'Digital Literacy to community children PPT presentation skills'.
Day 6	Mumbai Darshan-Educational trip to learn about the historical, cultural, and
	ecological diversity of Mumbai.
30.12.2022	Valedictory Function was organised. Chief Guest – Mr. Santosh Panigrahi.
Friday	Trustee, Ashadeep Association and Head of Community Work Cell at Aseema
	Charitable Trust addressed the volunteers.

#### WOMEN'S CELL/INTERNAL COMPLAINT COMMITTEE

**Committee Members**: Ms. Kavita Karapurkar (Incharge), Dr. Kirti Pathak (till February, 2023), Dr. Lakshmi Menon, and Ms. Manali Chavan

Date	Activity
02.07.2022	Session on 'Nutrition Counselling' was organised by Dr. Lakshmi Menon and
	Ms. Sonu Mishra, from PG department for 80 BCA students.
16.07.2022	Internal Committee/Women's Cell induction for FYMSc and PGDSSFN
	students.
12.08.2022	TYBSc students tied rakhis to their batchmates on the occasion of 'Sister's
	Day', celebrated on the first Sunday of August month.
12.08.2022	As a part of cross-functional training, Assistant Professor and Coordinator Dr.
	Harsha Chopra from the Dept. of Food Science and Nutrition (Nutrition and
	Dietetics) conducted a session on the 'Importance of Women's Health' for
	TYBSc students.
25.08.2022	Organised a session on "Menstrual Health: right of every Girl" by Ms. Delphina
	Gurav and Ms. Bhakti Kadam, Smt. Sunanda Gambhirchand Shah College of
	Nursing for 200 BCA students.
25.08.2022	In collaboration with Cyber Cell organised a session on 'Cyber Cell' by Mr.
	Sachin Dedhia, Skynet Secure Solutions for 200 BCA students.
26.08.2022	Guest lecture was organised for TYBSc students on the topic 'Problems of
	Women's Education: access and retention', conducted by Dr. Sonali Hazare,
	Assistant Professor, Dept. of Sociology, SNDT Women's University,
	Churchgate.
20.09.2022 to	Display of inspirational stories during the celebration of Navratri in the
05.10.2022	common room.

19.11.2022	On the occasion of International Men's Day, organised an interactive session
	on "Issues affecting Men and their well-being" by Mr. Adrian Rosario, Trainer
	and Faculty member, Infinity Consultancy Services. Followed by games for
	teaching and non-teaching male staff members. 21 staff members attended the
	same.
03.03.2023	4 M.Sc CND II students had an interactive session with 54 FYBCA students on
	"Behavioural Changes among Young Girls and Nutrition during
	Menstruation".
08.03.2023	In collaboration with the Library organised a display of books on Women in
	the library as a dedication to the celebration of International Women's Day.

# PARENT –TEACHER ASSOCIATION OF SMT. K.G. SHAH DEPARTMENT OF COMPUTER APPLICATIONS

President:	Prof. Dr. Mala Pandurang (Principal)
Vice President:	Mrs. Kunjan Shah
Secretary:	Mr. Shahajahan Khan (Coordinator)
Joint Secretary:	Mr. Ajay Tiwari
Treasurer:	Ms. Cindrella D'costa (Faculty)
Active Members:	Ms. Vinita Jethwani, Mr. Purushottam Chettiwal, Ms. Romana D'Silva, Ms. Alysia Fernandes, Ms. Bharati Sagare, Ms. Supriya Karnik

The first meeting of the PTA of the Department of Computer Applications was organised on 2<sup>nd</sup> July, 2022 during the FYBCA Induction. 130 parents attended the PTA meeting. Prof. Dr. Mala Pandurang, Principal, addressed the parents and spoke to them on the relevance of the PTA. The parents were informed about the functioning of the PTA committee and the various related activities. Elections were conducted for the formation of the executive committee of PTA for the academic year 2022–2023.

Session on "Status of Women: Past, Present and Future" by Dr. Rachana Rawal (parent of Ms. Khushi Rawal, FYBCA II), Senior Manager, Glaxosmithkline was conducted on 8<sup>th</sup> March 2023. 120 FYBCA students attended the same.

#### PLACEMENT CELL

#### Placement activities under B. Sc. Home Science

**Members:** Dr. Kirti Pathak (In-charge), Mrs. Vinaya Vaishampayan and Dr. Rupali Sengupta (MSc CND & PGDSSFN), Dr. Pradyna Ambre and Ms. Kalpana Singh (Career Counselling)

Date	Details
July 2022	The following TYTSAD 2021-22 batch students were placed:
	Ms. Manvi Ahirwar as Jr, Merchandiser at Pooja Clothing
	Ms. Hadiqa Dadan as Assistant Costume Designer for Marathi TV show
	'Tumachi Mulgi Kay Karte'.
	• Ms. Shreya Patil as Jr. Merchandiser at Mantra Exports, Mumbai (salary
	16000/- per month)
	Ms. Bushra Khan started her own business.
14.03.2023	Campus Placement organised for SYMSc CND students for Samyog Foods Pvt.
&	Ltd, Mumbai and i-Thrive Pvt Ltd, Pune. Total 8 students were interviewed for
15.03.2023	both companies via online mode for the first round.
22.03.2023	Ms. Merin Alexander, Ms. Simran Vichare, Ms. Aastha Upadhayay got selected
	in i-Thrive Pvt, Ltd. as a Functional Nutritionist with an annual package of 3.65
	lakhs.
01.04.2023	Ms. Tanvi Jiwani (MSc CND) was placed at Samyog Foods Industry Pvt. Ltd as
	Junior Nutritionist with an annual package of Rs 3.45 lakhs and Ms. Sakshi
	Mhatre (MSc CND) got placed in In Body Pvt, Ltd (MNC) as Clinical Nutritionist
	with an annual package of 4 lakhs per annum.

#### Placement activities under Smt. K.G Shah Department of Computer Applications

Members: Ms. Neetu Singhi (In-charge) and Ms. Shilpa Surulkar

Date	Details
12.07.2022	Ms. Priyanka Jethwa (TYBCA 2021-22) got selected in Fatakpay Digital as Executive - IT TeleSales with an annual package of 3 lakhs.
13.08.2022	Seminar on "How to build a profile on LinkedIn" for TYBCA students by Mr. Sanjeev Jain, Chief Information Officer, Integreon Managed Solutions. 53 students attended the seminar.
24.09.2022	Mock interviews were conducted for TYBCA I, to give students an exposure of the interview scenario and to prepare them for the campus placements. Industry

	experts, Ms. Himanshi Ajmera (Senior Consultant, Deloitte Consulting, USI) and Ms. Prajakta Swami (Associate Recruiter - Human Resource, Accenture) were invited to conduct the same.
01.10.2022	Mock interviews were conducted for TYBCA II, to give students an exposure of the interview scenario and to prepare them for the campus placements. The industry experts, Mr. Manoj Sathe (Freelancer - Human Resource Recruitment Consultant) and Ms. Himanshi Ajmera (Senior Consultant, Deloitte Consulting, USI) were invited to conduct the same.
13.10.2022	Deloitte conducted an online aptitude test for TYBCA students. 40 eligible students appeared for the test. 5 students got selected after 3 rounds of interviews for the post of Associate Analyst - USI Consulting with the annual package of 4 lakhs.
11.10.2022 - 15.10.2022	BCA Placement Cell has initiated the automatic generation of Resume of 61 TYBCA students in collaboration with a company called '1more-connect'.
13.12.2022	3 TYBCA students got selected as Interns in OVS Business Support India Ltd, Muskurahat Foundation and Neuralspace respectively, with the stipend of Rs.10,000 per month.
20.12.2022	Ms. Ruchita Bagul (TYBCA I) got selected as an Intern at Tare Zameen Foundation with a stipend of Rs. 1000 per month plus incentives.
05.01.2023	Ms. Sonali Ramji Yadav (TYBCA I) and Ms. Divya Suresh Sonone (TYBCA I) have been selected as Scholar Trainee in Wipro with sponsored MTech from BITS or VIT with an annual package of 2 lakhs.
07.01.2023	Ms. Urvashi Waghela (TYBCA II) got selected as Scholar Trainee in Wipro with sponsored MTech from BITS or VIT with an annual package of 2 lakhs.
21.01.2023	Workshop on "Fresher Hiring Secrets" was organised by Mr. Elliot Rosenberg, Founder, BOSSJI for 62 TYBCA students.
24.01.2023	4 TYBCA students got selected in Silverlink Technologies for the role of IT Recruiter-Trainee with an annual package of 2.54 lakhs.
11.02.2023	Training on "Future Workspace Skills" was organised in collaboration with Dell by Ms. Jayshree Makana, Master Trainer cum Counselor, American India Foundation for TYBCA students.
11.02.2023	Pre Placement Talk was organised for TYBCA students by I-Four Transformation Pvt. Ltd.

21.02.2023	6 TYBCA students got selected as Assistant Manager, IT in Jio Reliance with the annual package of 3 lakhs along with a sponsored MTech program from BITS.
24.02.2023	21 TYBCA students got selected in I4T as IT Trainee - Support with the annual package of 2.4 lakhs with additional 1 lakhs of Mediclaim.
01.03.2023	5 TYBCA students got selected in Alpha MD as Junior Developer with an annual package of 3 lakhs and Ms. Devika Kammalan got selected in Alpha MD as Junior Tester with 2.5 lakhs per annum package.
05.03.2023	Ms. Khushboo Prajapati (TYBCA) got selected as Scholar Trainee in Wipro with sponsored MTech from BITS or VIT with an annual package of 2 lakhs.
08.03.2023	2 TYBCA students got selected in Wipro as Scholar Trainee with sponsored MTech from BITS or VIT with an annual package of 2.4 lakhs per annum package.
11.03.2023	14 BCA students participated in 'MaTPo Aptitude Idol - 2023' organised by the Maharashtra Association of Training & Placement Officers (MaTPO) in association with the Government of Maharashtra's Directorate of Technical Education (DTE).
25.03.2023	Alumnae Interaction on "Guidance on Further Studies and Placement" was organised for TYBCA students. 7 alumnae (Ms. Avantika Parab, Ms. Nagma Shaikh, Ms. Aditi Yadav, Ms. Sayli Saste, Ms. Khushnaz Dadrewala, Ms. Sakshi Phale and Ms. Khushboo Shahdadpuri) was invited from different fields for this interaction.

## WORKSHOPS ORGANISED UNDER RASHTRIYA UCHCHATAR SHIKSHA ABHIYAN (RUSA)

Rashtriya Uchchatar Shiksha Abhiyan (RUSA) is a Govt. of India Centrally Sponsored Scheme (CSS), launched in 2013 and aims at providing strategic funding to eligible higher educational institutions. Some of the salient objectives of RUSA are to improve the overall quality of state institutions by ensuring conformity to prescribed norms and standards and adopt accreditation as a mandatory quality assurance framework; create an enabling atmosphere in the higher educational institutions to devote themselves to research and innovations and improve equity in higher education by providing adequate opportunities of higher education to SC/STs and socially and educationally backward classes; promote inclusion of women, minorities, and differently-abled persons. Dr. B.M.N. College of Home Science organised various workshops

under the heads of Capacity Building, Entrepreneurial Skill Development, Disaster Management, and Industrial Visits.

Date	Details
27.06.2022- 28.06.2022	'Fashion Workshop' was organised for TYTSAD students, conducted by Mr. Sunil Raj Vinayak, Creative Fashion Director, Ludhiana. Topics: Moodboard and Styleboard, Retail Merchandising and Marketing.
07.07.2022	'Yarn Testing' was organised by Dr. Aranya Mallick, Assistant Professor, Department of Fibre and Textile Chemical Processing, Institute of Chemical Technology, for 12 TYTSAD students.
16.07.2022	"Prints and Textures for Fashion Illustration" was organised by Alumna Ms. Samrudhi Parkar, Freelance Textile Designer, Mumbai for 12 TYTSAD students.
23.07.2022	"Drawing of Mechanical Croqui" by Alumna Ms. Dhanashree Salvi, Sr. Merchandiser and Textile Designer, Mumbai. No. of Beneficiaries 12 TYTSAD students.
25.07.2022	"Dietary Management of Cardiovascular Diseases" by Ms. Eram Khan, Senior Dietician, Asian Heart Institute, BKC, Mumbai was conducted for 21 TYND students.
26.07.2022 27.07.2022 28.07.2022	"Making of Terracotta Jewellery" was organised under the Course of Fabric Ornamentation and Accessory Design by Ms. Runita Shirke, Owner, RANG, Runita's Art and Gallery for 36 SYBSc students.
08.08.2022 10.08.2022	"Interview Preparedness' in collaboration with TPSDI under Life Skills for 24 TYRM students.
13.08.2022	Department of Food Science & Nutrition (UG - FSN & ND) organised a workshop on "Practical Approach on Enteral Nutrition in Critical Care" conducted by Mrs. Minal Asurlekar Desai (Clinical Dietitian - P.D.Hinduja National Hospital & Medical Research Centre, Mumbai) for 90 students (TYFSN and TYND) and 3 faculty members.
13.08.2022	"Basic Fashion Illustration - Poses" by Ms. Dhanashree Salvi, Alumna (TSAD Batch 2015-16), Sr. Merchandiser and Freelance Designer, Mumbai for 12 TYTSAD students.

20.08.2022	"Guest Relation Executive (GRE)" by Ms. Vibhuti Mehra, Assistant Professor, Dept. of Housekeeping & Front Office, Rizvi College of Hospitality and Tourism Management Studies under the subject of Human Resource Management for 26 TYRM students.
22.08.2022	'Pichwai Paintings' by Paramparik Karigar, Mr. Kalyanmal Sahu for 10 TYTSAD students, 7 SYBSc students, 1 Fashion Design Diploma student and 2 teachers.
23.08.2022	"Applique Work" by Paramparik Karigar, Mr. Vishnu Sutar for 10 TYTSAD students, 7 SYBSc students, 6 Fashion Design Diploma students and 2 teachers.
24.08.2022	"Phad Painting" by Paramparik Karigar, Mr. Prakash Joshi for 10 TYTSAD students, 7 Fashion Design Diploma students and 3 teachers.
16.09.2022 17.09.2022 & 29.09.2022	"Advance Pattern Making Techniques" by Ms. Maya Chuahan, Assistant Professor, B.M Nanavati College, Vileparle was organised for 12 TYTSAD students.
22.09.2022	Pre-seminar National event on recipe competition, theme - Flavors of India - Traditional & Indigenous Foods of India for 40 participants from various colleges. UG winners:  1st - Ms. Bhavna Singh (SVT College of Home Science)  2nd - Ms. Mohammed Bashira (Anjuman Islam College)  3rd - Ms. Dipti Suryavanshi (Dr. BMN College of Home Science)  PG winners:  1st - Ms. Shweta (MGM College)  2nd - Ms. Ishika Jain (MGM College)  3rd - Ms. Ishika Jain (MGM College)  3rd - Ms. Aqsa Khan (Dr. BMN College of Home Science)
23.09.2022	Pre-seminar National event on Learn & Earn under EECH to enhance the entrepreneurial skill in final year students of MSc CND for 40 participants Winners:  1st - Chatkaaz Protein hub: Ms. Shreya Pandya, Ms. Afsana Khan, Ms. Zainab Naqvi, Ms. Sauda Momin  2nd - Multigrain Cake Slice: Ms. Urmi Patel, Ms. Kalyani Patil, Ms. Zainab Karim, Ms. Fatema Bharmal  3rd - Italian Sevpuri: Ms. Merin Alexander, Ms. Pranali Lambole, Ms. Dhara Mavani, Ms. Pratiksha Bendre  4th - Chaatkara Chaat : Ms. Sarah Kalinawala, Ms. Saniya Khan, Ms. Arwa Sawliwala, Ms. Simran Vichare

24.09.2022	Pre-seminar National event on Pool Campus Placement of final year MSc CND students conducted by Food Tech Pathshala. 28 out of 40 students appeared for the online written exam & 6 were shortlisted for the interview round.
27.09.2022 - 28.09.2022	"Interview Preparedness" by Dr. Preeti Shirodkar, Associate Professor at Kohinoor Business School was organised for 12 TYTSAD students.
27.09.2022	"Energy Conservation" by Mr. Suhas Dhapare, Consultant and Subject Matter Expert at Tata Power Skill Development Institute was organised for FYBSc students.
29.09.2022	"Art and Craft of Storytelling" by Mrs. Nidhi Bagaria, CEO, The Creative World for TYHD and PGECE students.
28.09.2022	"Future Perspective of Sports in India" in the National Seminar by Ms. Sushmita Jyotsi, Regional Director, SAI, Mumbai. 100 sports students (PGSR Juhu, BMN College, Khalsa College) attended.
01.10.2022	'New Trends and Techniques in Hospitality Industry' was organised for 26 TYRM students by Mrs. Trupti Laghate, HOD Dept. of Housekeeping from Rizvi College of Hospitality and Tourism Management Studies, Bandra.
06.10. 2022	Series of workshops on storytelling titled "The Art and Craft of Storytelling" was conducted by Ms. Nidhi Bagaria for the 24 TYHD and 4 PGECE students. 10 teacher trainees and 3 teachers from J.B.Vachha School attended and benefited from the workshop.
07.10.2022	"Practical Approaches to Kidney Disease" by Mrs. Rinkal Gala, Registered Dietician, Cuddles Foundation, BJ Wadia Hospital, Parel. Total 36 TYND and TYFSN students attended and 3 dieticians attended the session.
07.10.2022 & 08.10.2022	"Interview Preparedness" by Dr. Preeti Shirodkar, Associate Professor at Kohinoor Business School was organised for 20 TYHD students.
08.10.2022	Demonstration on "Flower Arrangement" was organised for 80 FYBSc students by Mrs. Trupti Laghate, HOD Dept. of Housekeeping from Rizvi College of Hospitality and Tourism Management Studies, Bandra.
14.10.2022	"Exercise Conditioning for Football" by Ms. Priya Shetty, Alumna 2020-21 PGDSSFN, Mr. Henry Ricardo & Mr. Nihal Trivedi, Senior Coaches NYN Football Sports Academy for 17 PGDSSFN students.
15.10.2022	"Significance of Sports Nutrition in Elite Athletes" by Ms. Sushmita Jyotsi, Regional Director, SAI, Mumbai for 17 PGDSSFN students.

17.10.2022	"Cardio-Respiratory Fitness Assessment & Injury Prevention" by Mr. Tejas R Rajputhran, Consultant Exercise Science & Sports Nutritionists, Mumbai for 17 PGDSSFN students.
15.02.2023	"Coffee Art and Mocktail" by Mr. Shreyas Matkar, Freelancer was organised for 38 students (SYRM, TYRM and Sr. M.Sc) students.
18.03.2023	"Vegetable and Fruit Carving" by Mrs. Usha Renake, Freelancer was organised for 38 students (SYRM, TYRM and Sr. M.Sc RM).
23.03.2023	"Cultural Impact on Communication, it's Pitfalls, and how to reduce its Impact" by Dr. Monica Khanna, Associate Professor at Indira Institute of Business Management was organised for 11 SYRM students.

#### UGC SPONSORED STRIDE RESEARCH CAPACITY BUILDING CENTRE

**Committee members:** Dr. Mala Pandurang (Chairperson), Dr. Pradyna Ambre (Coordinator), Dr. Harsha Chopra (Member), Dr. Lakshmi Menon (Member), Ms. Manjot Saini (Member), Ms. Honey Thakkar (member) and Ms. Reema Jose (Project Assistant)

Date	Details
02.07.2022, 07.07.2022 &11.07.2022	Session on "How to Read a Research Paper" was conducted by Dr. Nilakshi Roy, Retired Head of English, Kelkar Vaze College for TYTSAD students.
07.07.2022 & 12.07.2022	Session on "Writing Newspaper and Magazine Articles" was conducted by Dr. Nilakshi Roy, Retired Head of English, Kelkar Vaze College for SYBSc and SYND students.
11.07.2022	Session on "Designing a Questionnaire" was conducted for TYRM students by Dr. Nilakshi Roy, Retired Head of English, Kelkar Vaze College.
12.07.2022	Session on "Review of Literature" for TYRM students by Dr. Nilakshi Roy, Retired Head of English, Kelkar Vaze College.
15.07.2022	Session on "Research Methodology" by Dr. Chhaya Shah, Assistant Professor of Jitendra Chauhan College of Law was conducted for the faculty members of Smt. K. G. Shah Law School.
18.07.2022	A session was conducted for the faculty members of Smt. K. G. Shah Law School on "Academic Research: Important Means and Ways" by Dr. Shilpa P Charankar, Executive Secretary of SMES.

27.07.2022	Sassian on "Havy to Dand a Dassarah Danar" by Dr. Nilalzahi Day, Dassaraa
21.01.2022	Session on "How to Read a Research Paper" by Dr. Nilakshi Roy, Resource Person & Retired Head of English, Kelkar Vaze College for TYBSc students.
06.08.2022	Proposal Writing Workshop was organised for the faculty members and was conducted by Dr. Anusha Ramanathan, Assistant Professor at Tata Institute of Social Sciences.
07.09.2022	Session was conducted for 9 TYRM students on "Questionnaire as a Tool for Research" by Dr. Suman Mundkur, Research Consultant.
20.09.2022	Workshop on "Components of Research" was organised for TYHD students by Dr. Suman Mundkur, Research Consultant.
20.09.2022	<ul> <li>The centre organised the AAKRITI Design Thinking Competition in collaboration with Homi Bhabha Centre of Science Education, TIFR. Several teams from all over Mumbai participated. 8 teams were shortlisted from a total of 13 teams to present their design concepts.</li> <li>The 1st Prize was awarded to 'Team Nutritive' from MGM College. They created 'Dia-Beat', an app for type 1 diabetic patients which includes details like the recipes they can include in their diet. List of restaurants, which serve vegan food on central, western and harbour lines and how to maintain a healthy lifestyle.</li> <li>The 2nd Prize was awarded to 'Team Sheroes' from Dept. of TSAD, Dr. BMN College of Home Science, who incorporated a daily accessory into a self-defence product and proposed two solutions. First, a keychain that acts as a knuckle along with a disguised pepper spray and second, a comb that has a detachable comb head. This detached part exposes an eclectic rod, which can pass sufficient current to sterile the attacker. In order to check the acceptability of the design, the team conducted a survey of 50 women between the ages of 20 and 50 via google forms.</li> </ul>
11.10.2022	Session on "Research Hypothesis and Sampling Techniques" for TYBCA students by Dr. Sandeep More, Scientist at the Institute of Chemical Technology, Matunga.
13.10.2022	Session was conducted for the faculty and students of Smt. K. G. Shah Law School on "Basics of Research" by Capt. Dr. Sunil Kadam, Vice Principal of N.G. Acharya College of Arts, Science, and Commerce, Chembur.
15.10.2022	A one-day training program was organised for TYND students. Level 3 Course "Orientation to Research" by Project Facilitators, Mr. Sunil Gangawane, Ms. Kajal Boraste and Ms. Priyanka Akkar.

16.01.2023	Dr. Padmini Ghugre, Former Professor and Head of Post Graduate Studies and
20.01.2023	Research Dept. of Food Science and Nutrition, SNDT Women's University,
& 27.01.2023	Mumbai conducted the session on 'Writing a Successful Dissertation' for MSC CND students.
31.01.2023	Session on "Introduction to Critical Thinking" was conducted by Ms. Adithi Muralidhar, Scientific Officer at HBCSE for the SYBCA and SYBSc students.
18.02.2023	Workshop on "Advanced Design Thinking" by Dr. Anisha Malhotra Dalvi, Research Consultant and Educator was conducted for the faculty members in collaboration with the Homi Bhabha Centre for Science Education.
15.02.2023	Part 2 of "Everyday Design and Design Everyday" was conducted for FYBCA and FYBSc students by Dr. Anisha Malhotra Dalvi, Research Consultant and Educator.
16.02.2023	Seminar on "How to Give a Bad Talk" by Prof. Dr. Arnab Bhattacharya, Director of HBCSE, TIFR, Mumbai was organised in collaboration with Homi Bhabha Centre for Science Education for Faculty, TY and PG students.
24.02.2023	Session on "Research and Critical Thinking" by Dr. Shweta Naik, Scientific Officer was organised in collaboration with Homi Bhabha Centre for Science Education for SYBSc and SYBCA students.
02.03.2023	A product display of innovative food products was arranged in collaboration with STRIDE Research Capacity Building Centre by the Department of Food Science and Nutrition. The judge was Ms. Chandan Manroa, Head Nutritionist at Prolicious.
18.03.2023	Workshop on "Vegetable and Fruit Carving" was organised for students of RM (HM) and Diploma in Dine and Cook, Resource Person was Mrs. Usha Renake, Freelancer.

#### **Ongoing Research Projects**

#### Major Research Project Awarded under RUSA

Dr. Pradnya Ambre. "Utilization of Natural Wastes for Textile Colouration"

Dr. Lakshmi Menon. "Traditional Foods and Food Adjuncts for Preventive and Promotive Health"

#### Minor Research Project Awarded by Management of Seva Mandal Education Society

To enhance skills in research, staff members of Dr. BMN College of Home Science are encouraged annually to apply for a minor research grant sponsored by the Seva Mandal

Education Society. Each year, multiple proposals are shortlisted, and the selected faculty members receive institutional support to work on their projects. The duration of the projects is one year. The following faculty teams have submitted their minor research projects undertaken in the academic year 2022-2023:

Faculty Teams	Project Titles
Ms. Arundhati Lahiri	To assess the prevalence of Iron Deficiency - Anaemia and its association with demographic factors in young adult female students (age group 18-24 yrs) studying in Dr. BMN College of Home Science
Ms. Fatema Fanuswala	Effect of Polycystic Ovary Syndrome on Psychological Well-being, Body Image and Levels of Stress among Young Adults on the SMES Campus

#### **INCUBATION CELL**

Committee members: Mr. Nitin Pawar (Incharge), Ms. Sharada Sirisilla and Dr. Pradnya Ambre

Date	Details
18.10.2022	Stall was arranged for students to sell their products on the occasion of Diwali
&	Festival under EECH and Incubation Cell. Items sold were Resin Art Diyaas,
19.10.2022	Cakes, Cookies, Fashion accessories.
10.01.2023	Earn while Learn Scheme: SYTSAD and TYTSAD students prepared bags with
	various colour combinations and tie and dye technique which were purchased for
	delegates of the International Workshop organised by the college in
	collaboration with PG Dept of English, SNDTWU and Stellenbosch University
	South Africa.
14.02.2023	Organised a lecture on "Entrepreneurship and Startup Ecosystem" by Dr. Ashish
	Panat (Director, Innovation, Incubation and Linkage of SNDTWU) for students
	who want to start their own business. 42 students attended the session.
15.03.2023	Guest lecture on "Intellectual Property Rights for New Entrepreneurs" by Mr.
	Nitin Thakor for TSAD students under the subject of Entrepreneurship
	Development.
June 2022	Ms. Rhea Chetiwal (FYBCA) was assigned a paid photography assignment to
to March	cover various college events.
2023	

24.12.2022	Under the scheme "Earn while you Learn", Ms. Supriya Magar (MSc CND part
to	I) was invited to conduct a workshop on "Yoga for Healthy You" for NSS
30.12.2022	volunteers during Special Camp.
Jan 2023 to	10 SYBCA students under the guidance of Ms. Rikisha Maniyath (Faculty, BCA
March 2023	Dept) interned for educational video editing for BCPT (Bombay Community Port
	Trust).
18.03.2023	Guest lecture on "Financial Feasibility Check for the Business Plan" by Mr. Nitin
	Thakor for 12 TYTSAD students under subject Entrepreneurship Development.
24.03.2023	PGECE students displayed their teaching aids. This gave them an opportunity to
	interact with different people and gave them confidence in their work.
25.03.2023	HD Department organised Product Display under Entrepreneurship in Human
	Development and Design & Aesthetic subject. Students initially work on various
	ideas of making innovative products using different techniques of value addition
	taught to them.
	Students made various prototypes and samples before displaying the final
	product. 'How to create a business plan', 'how to do budgeting and financing
	along with effective use of raw materials' was taught. Products such as different
	educational toys & games, recreational games for elderly were made by the
	students. The age group was ranging from 0 to 80 years and above. This activity
	gave an opportunity to students to earn along with learning the different
	entrepreneurial skills.

#### **ENVIRONMENT SENSITIZATION COMMITTEE**

**Committee Members:** Ms. Milina Pereira (In-charge), Mrs. Vidya Subramanian, Ms. Sonu Mishra, Ms. Pranali Kadam and Ms. Anjali Patel

Date	Activity
06.06.2022	Poster Competition was organised on 'Save Earth' & 'Save Mother Earth' on the
	occasion of 'World Environment Day'. 10 students from across the streams
	participated.
23.06.2022	330 kgs of Dry waste was collected and handed over to NGO Stree Mukti
	Sangathan.
23.06.2022	19 SYBCA students participated in the Mahim Beach clean-up drive in
	collaboration with NGO United Way.
10.07.2022 &	Ms. Milina Pereira conducted induction sessions for both; 100 FYBCA and 86
18.08.2022	FYBSc students, respectively.

10.08.2022	Organised a guest lecture on "Water Conservation" by Mr. Tushar Warange from
	NGO United Way. Student groups were formed to conduct a water audit in the
	college. 24 Volunteers under Ecoclub attended the lecture.
11.08.2022	Eco Club induction was held in collaboration with NGO United Way for 25
	FYBCA students.
08.10. 2022	Plastic Collection Awareness Creatives were circulated on all the Degree College
	Class Whatsapp groups urging students to participate in the plastic collection drive.
18.10.2022	Eco-Club Induction for FYBSc students under the guidance of the Committee and
	NGO United Way was conducted.
26.11.2022	35 Kgs of Dry Waste was collected and handed over to NGO United Way.
04.12. 2022	NGO Muse Foundation had organised a Forest Clean-up Drive in Yeoor forest. A
	total of 10 students from FYBSc participated in the drive.
	A Christmas tree out of plastic bottles and a Snowman out of cardboard boxes were
23.12.2022	made by students from FYBSc, FYBCA & SYBCA, respectively; to create
	awareness regarding correct disposal of plastic bottles and encourage upcycling to
	implement the idea of 'Best out of Waste'.
15.01.2023	10 FYBCA students volunteered for the Yeoor Forest Clean up Drive in
	collaboration with NGO MUSE Foundation.
27.01.2023	Workshop on "Capturing better pictures using smartphones" and Video Diary by
	Mr. Amish Parmar, Project Scientific Assistant at the Homi Bhabha Centre for
	Science Education was conducted for 102 FYBCA students.
05.01.2023	130 FYBCA students have worked on Homi Bhabha Research Centre monitored
to	projects wherein students visited their local biodiversity spots, conducted
20.03.2023	interviews, designed survey forms to study various issues regarding several
	environmental concerns.
01.03.2023	Guest lecture on "Environmental Laws" was conducted by Mr. Pranav Trivedi,
01.03.2025	Member of NGO Muse Foundation, for 117 FYBCA students.
04.03.2023	Workshop on "Making Organic Colors at Home" was conducted by NGO
	Paryavaran Dakshata Mandal for 125 FYBCA students.
	Organised a guest lecture in collaboration with Women's Cell on "Women and
19.03.2023	Law" by Mr. Pradhuman Chauhan, Adv at Mumbai High Court for FYBCA
	students.
04.04.2023	Received a Trophy and a Certificate of Appreciation from NGO United Way,
	Mumbai for consistent participation and contribution in various environment-
	related events.

## **IQAC ACTIVITIES**

Date	Activity					
12.07.2022	The Academic Audit was conducted by Dr. Smita Shukla, Director, IQAC,					
	University of Mumbai (Chairperson), Dr. Anuradha Bakshi, In-charge Principal,					
	Nirmala Niketan College of Home Science, Dr. Manjit Kaur Chauhan, Associate					
	Professor, Department of Resource Management, SNDT Women's University.					
16.09.2022	Induction session was organised for new staff members on the following topics:					
	Internal Quality Assurance Cell (IQAC), Academic and Administrative Audit					
	(AAA), Documentation of the activities conducted by Ms. Kavita					
	Karapurkar, IQAC Coordinator					
	Introduction to NAAC Accreditation and Teachers' Contribution in the					
	Process by Ms. Gauri Mohan, IQAC Coordinator, Smt. M. M. P. Shah					
	Women's College of Arts and Commerce					
	Processes and Orientation to					
	(a) Rashtriya Ucchatar Shiksha Abhiyan (RUSA) Scheme by Mrs. Vidya					
	Subramanian, Nodal Officer RUSA & Librarian					
	(b) National Institutional Ranking Framework (NIRF) by Ms. Manjot Kaur					
	(Nodal In-charge)					
30.11.2022	An interactive session on "Framing Program and Course Outcomes (PO-COs),					
	Attainment through Innovative Evaluation" by Dr. Pooja Raundale, Professor,					
	Head MCA Dept. & IQAC Coordinator, Sardar Patel Institute of Technology. 22					
	staff members attended the session.					
07.02.2023	Session on "SWOC Analysis" by Ms. Suman Pai, Trainer, Writer, Speaker,					
	Faculty, IMC, RBNQ Award Trust. 34 staff members attended.					

### **ALUMNAE INTERACTION**

Date	Activity				
DEPARTMENT OF HUMAN DEVELOPMENT					
21.09.2022	TYHD students attended a lecture conducted by Alumni Ms. Prachi on 'Biology and Culture - Heredity and Environment'.				
DEPARTMENT OF RESOURCE MANAGEMENT					
06.08.2022	Ms. Mayuri Keni (Alumna 2020-2021) was invited to take a lecture, 'How to make Prezi Presentations' for TYRM students.				

19.11.2022	Ms. Dhwani Gadda (2017-18) and Ms. Revati Vaish (2016-17) interacted, and shared their experiences on the prospects of RM (HM).				
DEPARTM NUTRITIO	ENT OF FOOD SCIENCE & NUTRITION AND DEPARTMENT OF N AND DIETETICS				
15.07.2022	Ms. Hetal Gami, (Alumna TYFSN 2021-22) was invited to guide the TYFSN students about Seminar presentation.				
15.07.2022	Ms. Merin Marium Alexander (Alumna, 2021 TYND batch) and Ms. Amisha Bhayani (Alumna 2022 TYND batch) were invited to orient TYND students about reading, summarising papers and to guide them about report writing for Recent Advances in Nutrition & Dietetics.				
8.10.2022	Organised a PG-Alumnae Meet for the batch of 2011-2021 for networking with present batch of 150 MSc CND students.				
20.12.2022	Advocate Gauri Mane, LLM in Human Right and PGECE Alumni was invited to conduct a session for SYHD and PGECE students on "Child Rights and Policies for the Differently Abled individuals'.				
21.01.2023	Organised an Alumnae interaction for MSc.CND batch of 2021-2023 to understand the future placement perspectives. <b>Alumnae:</b>				
	<ul> <li>Ms. Saloni Bhatt (Batch 2014 - 2016) - Founder of Bounce The Pound with Dietician Saloni, Mumbai</li> <li>Ms. Jayu Meghani (Batch 2019 - 2021) - Clinical Dietician, Tata Memorial Hospital, Mumbai</li> </ul>				
	<ul> <li>Ms. Reena Poptani (Batch 2019 - 2021) - Clinical Dietician, Fortis Hospital, Mumbai</li> <li>Ms. Faheela Sarang (Batch 2020 - 2022) - Executive Nutritionist, Prolicious, Samyog Health Foods, Mumbai</li> </ul>				
21.01.2023	Organised an Alumnae interactions for PGDSSFN batch of 2022-2023 to understand the future placement perspectives.  • Ms. Charmi Thaker (Batch 2019-2020) - Sports Nutritionist at Patna Pirates (Prokabaddi), Bengaluru  • Mrs. Priya Shetty (Batch 2021-2022) - Sports Nutrition Consultant, Mumbai  • Ms. Santoshi Bhej (Batch 2021-2022) - Yoga Instructor at Cult Fit, Mumbai				
	EPARTMENT OF TEXTILE SCIENCE AND APPAREL DESIGN				
29.06.2022	TSAD Alumna Ms. Akshata Balanand demonstrated basic colouring techniques for fashion drawing.				

10.01.2023	Alumnae Contribution:
	<ul> <li>Ms. Tejashree Naik (Social Media Influencer, Alumna 2018-19 TSAD batch) and Ms. Snehalata Belekar (Costume Designer, Stylist, Actor, Alumna 2019-20 TSAD batch) were invited as Judge for the Fashion Show organised by SCNI Polytechnic (Dept of Fashion Design and Merchandising Management)</li> <li>Ms. Sagarika Singh (Site Merchandiser, Target Corporation, Founder Member, Step by Step Karigar, Alumna 2018-19 TSAD batch) was invited as Chief Guest for the Fashion Show organised by SCNI Polytechnic (Dept of Fashion Design and Merchandising Management)</li> <li>Ms. Ipsita Badani (Senior Merchandiser, Milaaya Embroideries, Mumbai, Alumna 2012-13 TSAD batch) guided TSAD students who participated in the Fashion Show organised by SCNI Polytechnic (Dept of Fashion Design and Merchandising Management) - Theme of the Sequence - Vastrakirti (Drapes of sarees from Maharashtra).</li> </ul>
12.01.2023	Ms. Tawara Trivedi (Alumna TSAD Batch 2019-20) interacted with TYTSAD students and shared her experience of Masters studies at PG Department of TSAD, SNDT Juhu Campus.
25.02.2023	Dept organised an Alumna talk on "Lesser Known Career Opportunities and Job Titles" by Ms. Rutuja Pawar, TSAD batch of 2018-2019 studying Luxury Brand Management from UK, Northumbria University London Campus.

### SHRI KANTILAL [BACHUSHETH] JADAVJI KANJI SHIVJI LIBRARY

### Librarian: Mrs. Vidya Subramanian

Date	Details				
23.06.2022	Orientation Courses on databases for research, recent advances for TYRM,				
25.06.2022	TYTSAD, TYFSN & ND students.				
28.06.2022					
23.07.2022	Attended Webinar on "Role of Libraries in Research Information Management in				
23.07.2022	HEI's" by Dr. Sumer Gul, University of Kashmir, organised by DELNET.				
19.09.2022	Session on "Advanced Learning Resources" for TYHD and TYRM students.				
28.09.2022 -	Conducted a competition during Navratri on "Lets celebrate Colours of Navratri				
04.10.2022	with Book Display".				
16.12.2022	A session on "Introduction to Library Resources for Research", for the subject				
	Dietary Assessment Techniques and Popular (FAD) Diets, was organised for				
	SYFSN students,				

03.02.2023	Session on "Using the Library website & Web Resources" for the Fashion &
	Textile Designing students.
16.03.2023	Attended International Webinar "ChatGPT: Its impact on Higher Education and
	Academic Libraries" by Dr. Brady D Lund, UNT USA, conducted by DELNET
	[Developing Library Network].

#### **MINDSPACE**

College Counsellor: Ms. Fatema Fanuswala

Counselling Days and Timings: Monday to Saturday (9.00 am to 2.30 pm)

Date	Details				
July	An icebreaker session and 'Time management' session, were conducted for 33				
	TYBCA students by the Counsellor in June. Another icebreaker session on the				
	'Importance of Peer Support' for 102 FYBCA students was conducted batch-				
	wise.				
August	An icebreaker session was conducted on the topic of 'Time Management' for				
	16 students from the Beauty Culture Department by the Counsellor.				
30.08.2022	Session on 'Being held Accountable and Responsible' was conducted for the				
	FYBCA students.				
21.09.2022	Session was conducted on 'Etiquettes' for the SYBCA students.				
25.09.2022	Session was conducted on 'Teamwork' for the TYBCA students.				
16.01.2023	A lecture was conducted for the FYBSc students on 'Group Cohesion'.				
25.03.2023	Session on 'Ethics about refraining oneself from engaging in unfair means				
	during exams' was conducted for TYBCA students.				
27.03.2023	Session on 'Stress Management' was conducted by the Mindspace Counselling				
	Centre for MSc CND students.				
	A lecture on 'Behavioural Therapy and Cognitive Behavioural Therapy' was				
	conducted for the SYHD and TYHD students.				

#### STATUTORY BODIES FOR THE YEAR 2022-2023

#### RIGHT TO INFORMATION CELL

Members	Designation	Name of the members	Address
Public Information Officer	Librarian	Mrs. Vidya Subramanian	Dr BMN College of Home Science, 338 RA Kidwai Road, Matunga Mumbai 400019 Email:smesedu@gmail.com
Asst. Public Information Officer	Office Superintendent	Mr. Pravin Chalke	Website. www.bmncollege.com
1st Appellate Authority	Principal	Prof. Mala Pandurang	Tel 022-24095792

#### **ANTI-RAGGING SQUAD**

- Mr. Shahajahan Khan (Coordinator, Department of Computer Applications)
- Mrs. Vinaya Vaishampayan (Head of Department of Food Science and Nutrition)
- Mrs. Anita Bairisetty (Administrative Staff)

Every year selected Parent and students are invited as a part of the Committee

#### **ANTI-RAGGING COMMITTEE**

Committee constituted as per the directives of the Honorable Supreme Court of India dated May 16<sup>th</sup>, 2007 and UGC Regulations to Curb the menace of Ragging in Higher Educational Institutions, 2009:

**Head** : Prof. Mala Pandurang (Principal)

Representative of the Police: Ms. Sonali. Ashokrao Mirkale, PSI Matunga Police StationRepresentative of the Local Media: Ms. Meena R. Prashant (Twin City Times, Navi Mumbai)Representative of NGO: Prof. Harshaben Parekh (Bombay Community Public Trust)

**Faculty Members** : Mr. Shahajahan Khan, Mrs. Vinaya Vaishampayan

Dr. Kirti Pathak

Student Representative : Ms. Yashvi Chheda (TYFSN), Ms. Anjali Gawari (TYRM)

Ms. Shraddha Katkar (SYBCA- I), Ms. Ayesha Shaikh (TYBCA-II), Ms. Bhavana Choudhry (MScCND)

Ms. Kajal Chavan (PGSSFN)

#### COMMITTEE FOR UNFAIR MEANS IN EXAMINATION AT COLLEGE

Complaints to the cell should be sent to the following address Designated officer-Examination Incharge, Unfair means in examinations, Dr. BMN College of Home-Science, 338, R.A. Kidwai Road, Matunga (E) Mumbai-19

The composition of the college Unfair means in examinations is as follows:

- Prof. Mala Pandurang, Principal
- Mrs. Vinaya Vaishampayan, Vice-Principal- Academics
- Mr. Shahajahan Khan, Vice-Principal- Administrative
- Dr. Kirti Pathak, HOD (Human Development)
- Ms. Manjot Kaur Assistant Professor, Computer Applications

#### INTERNAL QUALITY ASSURANCE CELL

Members of the Dr. BMN College of Home Science IQAC cell are as follows

#### **Chairperson: Head of the Institution**

Prof. (Dr.) Mala Pandurang (Principal)

#### **Member from the Management**

Shri Pravin Shah (Chairman, SMES) Dr. Bharat Pathak (Hon. Secretary SMES)

#### One nominee each from local society, Students and Alumni

- Dr. Vaijayanti Ranade (Retired Vice Principal, G.N.Khalsa College)
- Dr. Venkatramani (Joint Secretary, SIES College of Arts, Science & Commerce, Matunga)
- Ms. Smita Shetty Alumni
- Dr. Jessy Pius Head Department Botany/IQAC Coordinator , Ramnarain Ruia College, Matunga, Mumbai

# One nominee each from Employers /Industrialists/Stakeholders

- Dr. Shilpa Charankar (**Stakeholder**)
- Dr. Mandar Talvekar, Tata Power Skills Development Institute
- Dr. Nilesh Lele, Proprietor,
- Exelon Marketing
- Mr. Sunil Mhatre- Assistant Teacher, Dosibai Jeejeebhoy High School

#### Teachers to represent all level

- Ms. Vinaya Vaishampayan (HOD, Food Science and Nutrition and Vice Principal)
- Dr. Kirti Pathak (HOD, Human Development)
- Dr. Vrushali Datar (HOD, Resource Management (Hospitality Management)
- Dr. Rupali Sengupta (Coordinator, M.Sc. Clinical Nutrition and Dietetics/PGDSSFN)
- Ms. Sugandha Lad (HOD, Textile Science and Apparel Design)
- Ms. Manjot Kaur (Assistant Professor, Computer Applications)
- Ms. Salethmary (Assistant Professor, Computer Applications)

#### **Senior Administrative Officers**

Mr. Shahajahan Khan, Controller of Examination

Ms. Vidya Subramanian, Librarian Ms. Anita Bairishetty, Non-teaching Staff

#### **Student Representatives:**

- Ms. Raina Panjwani(SYBSc)
- Ms. Kushi Kadam (TYBSc)
- Ms. Sakshi Mhatre (MSc. CND II)
- Ms. Kainat Siddiqui (SYBCA-I)
- Ms. Amatullah Ibrahim (TYBCA)

# One of the senior teachers as the coordinator/Director of the IQAC

Ms. Kavita Karapurkar

#### **EQUAL OPPORTUNITY CENTER**

The college has a zero-tolerance policy towards any kind of caste-based discrimination.

In charge

Representatives of Non-Teaching Staff

Member of Faculty as Representative

**Student Representatives** 

Ms. Shilpa Surulkar (Faculty- BCA)

: Mr. Pravin Chalke and Mrs. Kavita Kasar: Ms. Ahilya Mali (Faculty Junior College)

: Ms. Dhanashree Desai (SYBCA-II)

Ms. Prachi Goyal (SYBSc)

Ms. Namita Baikar (MSc.CND -II)

#### **GRIEVANCE REDRESSAL CELL**

Dr. BMN. College has set up a grievance redressal cell for the benefit of its teaching and non-teaching faculty. Complaints to the cell should be sent to the following address Designated officer, Grievance Redressal cell

#### The composition of the college Grievance Redressal Cell is as follows:

Dr. Bharatbhai Pathak (Hon Secretary, SMES) - Special Invitee

Prof. Mala Pandurang (Principal)

Mrs. Vinaya Vaishampayan (Vice Principal and HOD, Food Science and Nutrition)

Mr. Shahajahan Khan (Vice Principal and Coordinator, Dept. of Computer Applications)

Ms. Kavita Karapurkar (IQAC Coordinator) Mr. Pravin Chalke (Office Superintendent)

Section Student Representatives

B.Sc. Ms. Shubhangi Dey (TYFSN )/ Ms. Gargi Joshi (SYBSc)

Post Graduate Studies Ms.Harshada Sawant (MSc CND)

Bachelors in Computer Application Ms. Nisha Raiyani (SYBCA-I)/ Ms. Sonali Goriwale (TYBCA)

#### COMPOSITION OF COLLEGE DEVELOPMENT COMMITTEE

Chairperson (SMES) : Dr. Dilip Trivedi Hon.Secretary (SMES) : Dr. Bharat Pathak

: Dr. Shilpa Charankar (SMES)

Principal : Prof. Mala Pandurang

Members : Dr. Kirti Pathak

Mrs. Vinaya Vaishampayan

Dr. Vrushali Datar Mr. Shahajahan Khan

Mrs. Kavita Karapurkar (IQAC Coordinator)

External Members : Dr. Shobha Udipi (Hon. Director.

Integrative Nutrition & Ayurceuticals, Medical Research Centre, Kasturba Health Society & Sr. Nutritionist PFNDAI)

: Dr. Vibhuti Patel (Ph.D. Economics. Prof. Advanced Centre for Women's Studies, School of Development Studies TISS)

: Dr. C.N. Sivaramakrishnan (Industry Expert in Wet

Processing, Specialty Chemicals Manufacturing Industries)

Mrs. Archana Rao (Alumna, Sol's ARC Lead Trainer &

Curriculum Developer)

Special invitee : Dr. Rupali Sengupta (In-charge MSc CND)

Non - Teaching Staff : Mrs. Anita Bairisetty

Students Representatives : Ms. Tisha Desai (TYND)/ Ms. Mahalaxmi Peddi (TYBCA)

# Dr. B.M.N. College of Home Science



in Stature

Growing

tep by Step.

comes into being



Initiates unique concept of vacation



'Prangan' (Smt. Shah Children's Nursery)starts as the laboratory for the Department of Human Development



Introduces UGC Career Oriented Programs (COP) in Physical Fitness The institution and Weight Management, and Event management successfully undergoes the accreditation process by NAAC with a B+



Introduces: Diploma course in Beauty Culture and Hairdressing recognized by MSBTE • Career Oriented program in Beauty Culture



• Re-Accreditation by NAAC with an 'A' Grade and CGPA of 3.64/4



 Best College (2016-2017) adjudged by S.N.D.T. Women's University • Incepted Language Lab • Re-Accreditation by





'Dashakotsav' celebrating ten years of existence



Vocational degree course in Food Science and Quality Control

Starts Post graduate Diploma course in Sports Science Fitness and Nutrition



BCA Department starts a second division.



Commences Master of Computer Applications affiliated to IGNOU



Awarded Autonomous Status by UGC



Bachelors program in Computer Applications (BCA) under Smt. Kamlaben Gambhirchand Shah Dept. of Computer Applications



Introduces P.G. Diploma in Early Childhood Education

Commences B.Sc. Program in Nutrition



BCA Department

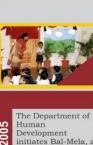
introduces an inter-collegiate tech festival "TEKZONE"

Silver Jubilee Celebrations



• UGC Status 'College with Potential for Excellence'
•CSR Grant from SAS India Ltd. for

SMART Classrooms



AKANKSHA – our first intercollegiate festival commences

Development initiates Bal-Mela, a unique experimental venture



Starts M.Sc. program in Clinical Nutrition and Dietetics



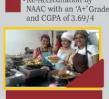
Establishes Gandhian Studies





Commences MSc. in Dietetics and Food Science Management affiliated to IGNOU







# PROGRAMMES OFFERED by Dr. BMN College of Home Science

#### **DEGREE PROGRAMMES**

#### **Under Graduate Level**

#### B.Sc. (Degree Program)

#### Specializations:

- + Human Development (HD)
- → Resource Management (RM)
- + Food Science and Nutrition (FSN)
- → Textile Science & Apparel Design (TSAD)

#### Self Finance:

- + B.Sc. in Nutrition and Dietetics (ND)
- Bachelor of Computer Applications (BCA)

#### Post Graduate Level

#### Self Finance:

- M.Sc. in Clinical Nutrition and Dietetics
- + M.Sc. Computer Science
- M.Sc. Resource Management (Hospitality Management)

### CERTIFICATE / DIPLOMA / ADVANCED DIPLOMA PROGRAMMES

#### **Under Graduate Level**

#### Self Finance

- Diploma in Beauty Culture and Hair Dressing (Recognized by Maharashtra State Board of Technical Education)
- → Landscape Designing

#### Skill based Program

- + Physical Fitness and Weight Management
- → Event Management
- Beauty Culture & Hair Dressing

#### Value Added Certificate courses:

- Personality Development Program
- Life Skills program based on Gandhian Values
- Soft Skills Development Program
- + Basic Computers
- → Computer Aided Design (CAD)
- Foreign Languages (German)
- + Fancy Cookery
- → Cook N Dine
- → Catering Management

#### Post Graduate Level

#### Self Finance

- Post Graduate Diploma in Sports Science Fitness and Nutrition
- Post Graduate Diploma in Early Childhood Education

# 3<sup>RD</sup> DEGREE AWARD CEREMONY 4<sup>TH</sup> MARCH 2023



Degree Award Ceremony. Chief guest: Ms. Marja Eining, Deputy Consulate General of the Federal Republic of Germany. 4<sup>th</sup> March 2023



Prof. Dr. Mala Pandurang, Principal welcoming the audience



Pronouncement of the Degrees



**Graduating Batch** 

# ANNUAL PRIZE DISTRIBUTION CEREMONY 25<sup>TH</sup> MARCH 2023



Felicitation of Chief Guest Mr. Digant L. Kapadia Managing Director, B.E. Billimoria & Co. Ltd.



Theatre actors awarded for their commendable performances.



Student editorial team of BMN Bulletin



Western vocal singers with their certificates

# RECIPIENT OF DISTINGUISHED ALUMNA CITATION (2023)



Ms. Kasturi Shelar, Director & Cinematographer - B.Sc. Resource Management (Batch of 1999)



Ms. Mugdha Pradhan Founder, iThrive, Functional Nutritionist and TedX Speaker -B.Sc. Food Science & Quality Control (Batch of 1999)



Ms. Kajal T. Bhathena, Proprietor of "Health And You" - Celebrity Nutritionist - B.Sc. Nutrition and Dietetics (Batch of 2004)



Ms. B. Jayasree Corporate, Readiness Expert - Bachelor in Computer Applications (Batch of 2004)

## GOLD MEDALISTS (Batch of 2021-2022)



Ms. Dolly Jain, B.Sc Nutrition and Dietetics



Ms. Yukta Sharma (MSc CND)





Ms. Avantika Parab, Smt. K. G. Shah Department of Computer Applications



## INTERCOLLEGIATE ANNUAL FESTIVAL

# 'AKANKSHA' (Theme: Azadi ka Amrit Mohatsav) 26th August 2022



'Fashion show': Participant Teams from 26 Colleges, Mumbai



Felicitation of Ms. Shruti Mishra winner: Just A Minute (JAM)



Coffee Painting at Fine Arts event



Game Zone

# 'TEKZONE' (Theme: Technophilia) 9th & 10th January 2023



Guest of Honor: Mr. Gaurang Shetty, CEO/Chief Innovation Catalyst, RIIDL Somaiya Vidyavihar



Alumni: Ms. Nisha Umashankar, Associate Consultant, Capgemini



Alumni: Ms. Kiran Mishra, Developer Mainframe L1.1, Wipro Technologies



Participants of Ms. & Mr. Tekzone 2023 Event

# **CULTURAL COMMITTEE**



In house - Poster Making competition under Azadi ka Amrit Mahotsav. Theme: Celebrating Empowerment. 3<sup>rd</sup> August 2022



Yuva Mahotsav Intercollegiate Competition, SNDT Churchgate. Prizes received in Theatre Events.

22<sup>nd</sup> and 23<sup>rd</sup> September 2022



SNDTWU Churchgate: Azadi ka Amrit Mahotsav. Prizes received in Fine Arts & Literary Competition. 18<sup>th</sup> August 2022



Yuva Mahotsav Intercollegiate Competition, SNDT Pune. Prizes received in Fine Arts, Literary and Music. 30<sup>th</sup> September and 1<sup>st</sup> October 2022

# **SPORTS**



Yoga Workshop for Teaching Staff on International
Day of Yoga by the Sports and NSS unit in collaboration
with District Sports Office, Government of
Maharashtra. 21st June 2022



Ms. Aditi Yadav (MSc CS-I) and Ms. Niyati Arora (SYRM) 2<sup>nd</sup> and 3<sup>rd</sup> positions in Chess. Sr. Intercollegiate Tournament by SNDTWU. 11<sup>th</sup> December 2022.



Winners of the 3 km race at SNDTWU Minithon Road Race - "RUN FOR EMPOWERMENT". 14<sup>th</sup> August 2022.



3 Day Annual Sports Festival 2022-2023 from 5<sup>th</sup> to 7<sup>th</sup> January 2023

# **NATIONAL SERVICE SCHEME (N.S.S.)**



Ms Kainat Siddiqui (SYBCA) marched in the State Republic Day Parade held at Shivaji Park, Mumbai representing SNDTWU. 26<sup>th</sup> January, 2023



"Women Safety" by Mrs. Neeta Phadke, Assistant Commissioner of Police, Matunga Police Station. 29<sup>th</sup> July 2022



A rally on account of "Azadi ka Amrut Mahotsav". 13<sup>th</sup> August 2022



"Sustainable Menstruation" by Ms. Nehali Jain, Manager of Sustainable Menstruation wing of MUSE Foundation. 25<sup>th</sup> August 2022



"Women's Empowerment" Seminar in Collaboration with Rotary Club of Bombay East. 23<sup>rd</sup> November 2022



Human chain formed by staff and students to spread awareness about AIDS.

6<sup>th</sup> December 2022



"Public Awareness to Prevent Sexual Abuse of Women & Children" by Dr. D. S. Swamy, Deputy
Commissioner of Police, Mumbai. 14th January 2023



Mr. Chaitanya Prabhu, Founder of Mark Your Presence with MUSE foundation conducted Voters Awareness Program on Voters Day. 24<sup>th</sup> January 2023

## **ENVIRONMENT SENSITIZATION ACTIVITIES**



Induction of FYBCA and FYB.Sc students in Ecoclub by NGO United way Mumbai. 18th August 2022



Plastic and Dry collection Drive by Eco Club Girls with NGO United way. 26<sup>th</sup> November 2022



Students and staff participated in Yeor Forest (Thane) clean up drive with NGO Muse Foundation. 4<sup>th</sup> December 2022



Workshop: Preparation of organic colours at home. NGO Paryavaran Dakshata Mandal for FYBCA students. 4th March 2023

# **GANDHIAN STUDIES CENTRE**



Gandhi Jayanti Week Celebrations. 29th September 2022



Visit to Mani Bhavan. 17th February 2023



"Pluralism on a Gandhian Note" by Dr. Kanchana Mahadevan (Prof. Departmentof Philosophy, University of Mumbai): Shri. Mohanlal Pathak Endowment Lecture Series on 'Gandhian Values and Principles. 10<sup>th</sup> October 2022



"Values in Everyday Life" by Mr. Rohit Parakh (National Facilitator for States at National Coalition for Natural Farming): Shri Madhav Bakshi Memorial Lecture series on Value Education. 9th March 2023

# ANNUAL DAY AND PERSONALITY CONTEST (30TH JANUARY 2023)



Felicitation of the Personality Contest Judges.



BMN Personality Queen:Ms. Dolly Jain (MSc CND)
Princess I: Ms. Sabahat Mallick(SYBCA)
and Princess II: Ms. Tanvi Ahir (SYBCA).



Performance by BSc faculty



Classical Dance by BCA faculty.

# **FAREWELL PARTY- BIDDING ADIEU**



Postgraduate students (MSc CND, MSc RM [THM], PGDSSFN and PGDECE). Theme: "Masquerade". 16<sup>th</sup> March 2023.



TYBSc students. Theme -: "Shades of Pastel". 21st March 2023.



TYBCA and SYMSc CS student. Theme -: "Disco". 25<sup>th</sup> April 2023.



BCA Teachers' Performance. 25th April 2023.

# BALMELA (16<sup>TH</sup> & 17<sup>TH</sup> FEBRUARY 2023)

THEME: Khel Khilone: Ek Safar



Inauguration at Lion M.P. Bhuta Sarvajanik High School, 16<sup>th</sup> February 2023. Chief guest:Ms. Vamasee Shevde, Child artist



Puppet Show For Children at BalMela



Live Activities for students from various Schools



Hands on experience With A Potter



Inauguration at Prangan Nursery, 17<sup>th</sup> February 2023. Chief guest: Master Anish Patil, Content Creator



Dramatisation on Presentation and Motivation for adolescent students



Feedback Wall



Workshop and Activities to Develop Presentation Skills

# A FOND FAREWELL ON THEIR RETIREMENT



Mrs. Sugandha Lad

Department of Textile Science and Apparel Design. Retirement: 30<sup>th</sup> September, 2022

Dr. Kirti Pathak

Department of Human Development. Retirement : 28<sup>th</sup> February, 2023.





Mrs. Dipti Desai

Smt. HMN Junior College Retirement : 30<sup>th</sup> April 2023.



Smt. H.M.N. Junior College Retirement: 31<sup>st</sup> May 2023.





# Mrs. Divya Kamath

Head Clerk

Retirement: 31<sup>st</sup> March, 2023.



Lab Attendant Retirement : 31<sup>st</sup> May, 2023.



Dr. Bhanuben Mahendra Nanavati College of Home Science (Autonomous)

## STUDENT SUPPORT SERVICES

- Library facilities Book Bank, Scholar's Card to Merit Holders,
   Student Representatives in Library Committee, Online
   databases, Member of American Library
- State of Art Computer Labs with Internet Facility and Wi-Fi on campus
- Counselling Facility Personal and Professional Counselling
- Health Counselling Facility
- Mentoring Programme
- Right To Information Cell
- Grievance Redressal Cell
- Anti-ragging Committee
- Cell for Prevention of Caste based Discrimination
- Internal Complaints Committee
- Placement Cell
- Gymnasium Facilities for staff and students with trained instructor
- Internship for placement in Industry, Government and Non-Government organizations
- Beauty Parlour facility at subsidized rates
- Workshops and training programmes on relevant issues
- Alumnae Association/Parent Teacher Association
- Inter Collegiate Festivals "AKANKSHA" / "TEKZONE"
- Freeships for needy students

### Dr. Bhanuben Mahendra Nanavati College of Home Science (Autonomous)

NAAC Re-Accredited 'A+' Grade with CGPA 3.69/4 UGC Status: College with Potential for Excellence

Enhancing Quality & Excellence in Select Autonomous Colleges Scheme (RUSA)

Best College Award 2016-17 adjudged by S.N.D.T. Women's University

Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex

338, R. A. Kidwai Road, Matunga - 400 019

Tel: 022 2409 5792

Email: smesedu@gmail.com Website: www.bmncollege.com